

# Germiston Callies

present the

## Fred Morrison 21km & 10km races and 5km fun run

Sunday 9 September 2018  
at 7am

Germiston Stadium  
Delville Rd North, Germiston  
GPS S26 13 38.2 E28 10 23.2



This race honours Fred Morrison known as "The Father of Callies" and also a top runner and a contemporary of Wally Hayward and Jackie Mekler. He was chairman of Callies for many years.



Care Bear  
Gauteng  
Place of safety



5km fun run in aid of Care Bears  
charity at 07h30

Entry on the day of the race only.  
Entry Fee R30 - No licence required.  
Medals to all finishers

### Entry Fees

Entries up to 2 September 2018

21km R100

10km R80

Grandmasters R50

Grandmasters R40

Entries after 2 September 2018

21km R120

10km R90

Grandmasters R60

Grandmasters R45

Great Grandmasters and Blind Runners Free (Both Races)

Temp Licence 21km R25 Temp Licence 10km R20

Medals to all finishers

### Entry Options

Online at [Entrytime.com](http://Entrytime.com) and at the following shops  
until 2 September 2018

Sweat Shop Dunkeld

011 325 2567

Sweat Shop Bedfordview

011 450 2421

Sweat Shop Southdowns

012 665 0048

Sweat Shop Fourways

011 467 5966

Randburg Runner

011 888 9644

New Balance Boksburg

011 918 6227

Sportsmans Warehouse

East Rand 011 823 3203

Park Meadows

011 615 9931

Stoneridge 011 452 0753

Pre-entries may be collected and late entries will be taken at Callies offices, Germiston Stadium on Saturday 8 September 2018 from 9am to 1pm.

Late entries will also be sold on the morning of the race from 5h30 and pre-entries can be collected.

Cut off time 10h30. This will be strictly enforced and participants must withdraw from the race if so requested by a race official. Marshals and traffic officials may be withdrawn after cut off. Walkers welcome but must comply with cut off time.

# Fred Morrison 21km and 10km races



## Race Rules

1. Run in accordance with ASA and CGA rules.
2. No seconding allowed - ample water points available.
3. Registered athletes must be a member of a club affiliated to ASA and wear club colours with both their provincial 2018 licence numbers and the issued race number on the front of their running vest.
4. Unlicensed runners must purchase a temporary licence. Temporary licensed athletes must wear plain clothing together with the temporary licence on their back and the issued race number on the front of the vest.
5. Athletes indemnify National, Provincial, Regional bodies, organizers and sponsors against all or any actions of whatever nature arising out of their participation in the race.
6. Numeric age category ID tags (including juniors) must be worn (front and back) and be clearly visible. Proof of age for prizewinners will be required and to be presented to referees before prize giving. Prizes will be withheld until confirmed.
7. Only athletes of 16 years and older on 9 September 2018 may enter the 21km race.
8. Only athletes of 15 years and older on 9 September 2018 may enter the 10km race.
9. No 2, 3 or 4 wheel carts/prams that are mechanically or manually operated by participants, or wheelchair athletes will be permitted to participate without the special permission of the race organizer and traffic authorities. All such participants MUST start at the back of the field.
10. No pets are allowed to accompany runners.
11. International athletes to provide clearance letter to referees in the event of winning a prize.
12. Temp licensed athletes are eligible for open and category prizes, provided they have the age category tags clearly visible front and back.
13. Athletes are only eligible for prizes if ALL information is filled in clearly on the race number tear off.
14. No I-pods, headphones or portable radios are allowed.
15. Athletes participate at their own risk.
16. Entries are not refundable.
17. Only athletes who have completed all required information on the race number are eligible for prizes.
18. Objections to be lodged within 30 minutes (before or after prize giving) in writing accompanied by R300 which is refundable if appeal is upheld.

## Prizes

10km Prize Money	1st	2nd	3rd	21km Prize Money	1st	2nd	3rd
Open Men and Women	R750	R500	R300	Open Men and Women	R1000	R600	R400
Men & Women 40-49	R200	R100	R50	Men & Women 40-49	R400	R200	R100
Men & Women 50-59	R100			Men & Women 50-59	R150		
Men & Women 60+	R100			Men & Women 60+	R150		
Men & Women Junior	R100			Men & Women Junior	R150		

10km Prize giving at 9h00

21km Prize giving at 10h00

**No littering beyond marked points  
at water points.  
Carry any litter to next water point.  
Do your part to care for the environment.**



## Parking, Tog Bags and Enquiries

Callies parking marshalls and car guards will be clearly identifiable. Please adhere to their guidance to ensure a smooth flow of traffic. Please park only in the designated areas.

Tog bag area available – PLEASE NOTE; whilst best care will be taken at the tog bag area, Germiston Callies will not be held liable for any losses.

Enquiries Fred MacDougall 082 477 0466 or Les Black 082 552 7866  
or email [gch@germistoncallies.co.za](mailto:gch@germistoncallies.co.za)