

**2018 Road Race Calendar prepared by Rand Athletic Club with assistance of data from the Provinces**

Date	Day	Prov	Event	Distance	Time	Venue	Club	Contact	Tel
1-Jan-18	Mon	AGN	New Years Run/Walk	10/5		Pretoria Botanical Gardens	RWFLAC	Daan du Toit	<a href="tel:825724169">825 724 169</a>
6-Jan-18	Sat	AGN	A4A Road Safety Race	21\10/5	6:30	Ecopark Centurion	Aerobics	Matome Lehomo	<a href="tel:836275326">836 275 326</a>
6-Jan-18	Sat	EPA	Jeffrey's Bay 15km	15/6	6:30	Mentors Estate Jeffrey's	Kouga MS	Ben Joubert	<a href="tel:834586989">834 586 989</a>
6-Jan-18	Sat	WP	Hohenort 15km	15	6:00	Alphen Centre Constantia	Pinelands	Jerome Merton	<a href="tel:832809798">832 809 798</a>
<b>7-Jan-18</b>	<b>Sun</b>	<b>CGA</b>	<b>Varsity Kudus</b>	<b>15</b>	<b>7:00</b>	<b>WestCampus Wits</b>	<b>Kudus</b>	<b>David Roussouw</b>	<a href="tel:824940367">824 940 367</a>
12-Jan-18	Fri	Bdr	PWC Nite Race 10Km	10/5	18:00	Old Selbornian Club	Old Selb	Sharon Eldridge	<a href="tel:832843781">832 843 781</a>
13-Jan-18	Sat	AGN	ACE RR	21\10/5	6:00	Eersterust Sportstad	Eersterust	Roewyn Danster	<a href="tel:828042923">828 042 923</a>
13-Jan-18	Sat	EPA	N2 City Bluewater Bay	15/5	6:00	N2 City Shopping Bwb	BluewaterB	Colin Parkins	<a href="tel:836513836">836 513 836</a>
<b>14-Jan-18</b>	<b>Sun</b>	<b>CGA</b>	<b>Dischem 21</b>	<b>21</b>	<b>6:00</b>	<b>Bedfordview Country Club</b>	<b>Bedfrdview</b>	<b>Charn Swart</b>	<a href="tel:834534843">834 534 843</a>
<b>14-Jan-18</b>	<b>Sun</b>	<b>CGA</b>	<b>Centrum 5km Dash</b>	<b>5</b>	<b>6:30</b>	<b>Bedfordview Country Club</b>	<b>Bedfrdview</b>	<b>Charn Swart</b>	<a href="tel:834534844">834 534 844</a>
14-Jan-18	Sun	KZN	Ronnie Davel Mem	16/6	7:00	Laddsworth Primary Hilton	Hilton Har	John Holliday	<a href="tel:828066749">828 066 749</a>
14-Jan-18	Sun	SWD	GRT Trailrun			Learskool Denneoord	Outeniqua	Johann Du Preez	<a href="tel:168084501">168 084 501</a>
14-Jan-18	Sun	WP	Nutribullet Bay - Bay 30	30\15	6:00	Maiden's Cove Camps Bay	Top Form	Russel Mehl	<a href="tel:845455851">845 455 851</a>
<b>17-Jan-18</b>	<b>Wed</b>	<b>CGA</b>	<b>Berg and Dal</b>	<b>15/5</b>	<b>19:00</b>	<b>President Hyper Krugersdorp</b>	<b>Krugerdorp</b>	<b>Sharlene Gagiano</b>	<a href="tel:835129640">835 129 640</a>
17-Jan-18	Wed	WP	Dan Luyt 15	15	18:30	TBA	Bellville	Carlo Zylstra	<a href="tel:834533433">834 533 433</a>
20-Jan-18	Sat	AFS	Mielie Marathon	42\21\10/5	5:30	THS Sports Grounds	Goudveld	Marizanne	<a href="tel:722650141">722 650 141</a>
20-Jan-18	Sat	AGN	PWC George Claassen RR	21\10/5	5:30	PnP Hyper Faerie Glen	Pretoria	Bert vd Raad	<a href="tel:829226817">829 226 817</a>
20-Jan-18	Sat	AGN	PWC George Claassen RR	21\10/5	6:00	PnP Hyper Faerie Glen	Pretoria	Bert v den Raad	<a href="tel:829226817">829 226 817</a>
20-Jan-18	Sat	Bdr	East London Eye 10K	10/5	6:30	Beacon Bay Country Club	E London	Graham Reynolds	<a href="tel:824480727">824 480 727</a>
20-Jan-18	Sat	CNW	Great Bricks Run	21\10/5	6:00	Olienpark	BertsBrick	Zelma Olivier	<a href="tel:721248115">721 248 115</a>
20-Jan-18	Sat	EPA	Galaxy Grill Two View	10/5	6:00	Moffet On Main	Charlo A C	Eusentha Pillay	<a href="tel:846650910">846 650 910</a>
20-Jan-18	Sat	KZN	Shiyane Rorkesdrift	21\10	6:00	Camp Ground Rorkes Drift	Biggarsbrg	Lani vd Mescht	<a href="tel:83697333">836 973 333</a>
20-Jan-18	Sat	LIM	Thornhill Seeff / Spar	21\10/5	6:30	Thornhill Shopping Centre	Polokwane	Corrie Calitz	<a href="tel:721492674">721 492 674</a>
20-Jan-18	Sat	Mpu	Power Run 3 in 1	32\21\10/5	6:00	Eskom Park Witbank	Eskom	Paul Bester	<a href="tel:829667767">829 667 767</a>
20-Jan-18	Sat	WP	Beachcomber 15	15\10/4	6:30	Strandfontein Spine Rd	Stragglers	Allan Barnes	<a href="tel:838585857">838 585 857</a>
<b>21-Jan-18</b>	<b>Sun</b>	<b>CGA</b>	<b>Garbie St 32km</b>	<b>32\15/4</b>	<b>6:00</b>	<b>Spring Rugby Club Springs</b>	<b>St AC</b>	<b>Lelani vd Walt</b>	<a href="tel:735612700">735 612 700</a>
21-Jan-18	Sun	KZN	Kearsney St 21km	21\10		Kearsney College	Kearsney	Jennifer Rigby	<a href="tel:835319417">835 319 417</a>
21-Jan-18	Sun	SWD	Knysna Heads Marathon	42\21\10/5	7:00	Thesen Island	Knysna MC	Gavin Bezuidnhout	<a href="tel:835027935">835 027 935</a>
24-Jan-18	Wed	Mpu	Van Wettens Nite	10/4	18:00	Mbombelastad	LVCC	Beth	<a href="tel:798413582">798 413 582</a>
24-Jan-18	Wed	Mpu	Middelburg Ferrochrome	10/5	19:00	Kees Taljaard Middelburg	Midack	James Faber	<a href="tel:826434193">826 434 193</a>
26-Jan-18	Fri	Bdr	End Polio	8/3	17:30	Astro Park	Born 2 Run	John Lee Sun	<a href="tel:826429591">826 429 591</a>
26-Jan-18	Fri	SWD	Top Gear Run	10/5	8:00	Top Gear Mead St-George	Rainbow AC	Sidwell Oktober	<a href="tel:783958489">783 958 489</a>
27-Jan-18	Sat	AFS	Omnia Athletics	10	7:00	Vaalparksasolburg	Omnia AC	Teboho Radebe	<a href="tel:732678939">732 678 939</a>
27-Jan-18	Sat	AGN	Wonderpark Akasia RR	42\21\10/5	5:30	Wonderpark Shopping Mall	Akasia AC	Tommy Breedt	<a href="tel:828077217">828 077 217</a>
27-Jan-18	Sat	EPA	Cassie's 15km	15/5	6:00	Kabega Park primary	Nedbank EC	Jan v Eeden	<a href="tel:832767483">832 767 483</a>
27-Jan-18	Sat	Mpu	Volksrust 5-in-1	42\32\21\10/5	6:00	Volksrust Highschool	Volksrust	Alwyn Strydom	<a href="tel:814012361">814 012 361</a>
27-Jan-18	Sat	WP	Red Hill Marathon	42\36/5	5:30	Silverglades Fish Hoek	Fish Hoek	Race Office	<a href="tel:761158285">761 158 285</a>
28-Jan-18	Sun	Bdr	Bridal Drift Half	21	5:30	Sisa Dukashstad	Real Gij	Alex Kambule	<a href="tel:741390550">741 390 550</a>
28-Jan-18	Sun	Bdr	Schools/Corp Challenge	5	6:00	Sisa Dukashstad	Real Gij	Alex Kambule	<a href="tel:741390550">741 390 550</a>
<b>28-Jan-18</b>	<b>Sun</b>	<b>CGA</b>	<b>Johnson Crane Marathon</b>	<b>42\21\10/5</b>	<b>6:00</b>	<b>Sahara Park Willowmore Park</b>	<b>Benoni Har</b>	<b>Ashvin Jiv</b>	<a href="tel:829240234">829 240 234</a>
28-Jan-18	Sun	CNW	Ottosdal Nite Race	42\21\10/5	16:00	Ottosdal Show Grounds	Ottosdal	Willia	<a href="tel:735264536">735 264 536</a>
28-Jan-18	Sun	KZN	PDAC 25km	25	5:00	Watercrest Mall	PDAC	Colleen McCann	<a href="tel:610697384">610 697 384</a>
28-Jan-18	Sun	LIM	ASA	21		Port Elizabeth	ASA	Mehlo Hlabangane	<a href="tel:829909470">829 909 470</a>
<b>31-Jan-18</b>	<b>Wed</b>	<b>CGA</b>	<b>Arwyp Med Nite Race</b>	<b>15/5</b>	<b>19:00</b>	<b>Barnardstad Kempton</b>	<b>Kempton RR</b>	<b>Elize v Adams</b>	<a href="tel:825214222">825 214 222</a>
31-Jan-18	Wed	Mpu	Rooies Nite race	10/5	19:00	HTS Middelburg	Rooies AC	Theuns Luus	<a href="tel:836308729">836 308 729</a>
31-Jan-18	Wed	WP	Brackenfell 10km	10/5	18:30	Brackenfell high	Bracknell	DavidCarthy	<a href="tel:799130618">799 130 618</a>
2-Feb-18	Fri	SWD	Hope Church Trail Run		18:30	Botanical Gardens-George	Nedbank RC	Thia Landsberg	<a href="tel:834774780">834 774 780</a>
3-Feb-18	Sat	AFS	Sasol Marathon	42	6:00	DP de Villiers Sasolburg	SASOL AC	Dolf Binneman	<a href="tel:733396809">733 396 809</a>
3-Feb-18	Sat	AGN	Bidvest McCarthy Toyota	21\10/5	6:00	Rietondale Park Pretoria	Magnolia	Hank Bezuidenhout	<a href="tel:832560241">832 560 241</a>
3-Feb-18	Sat	Bdr	Red Baron Tomato Trot	15/5	15:30	Lilyfontein School	Bdr Ath	Caroline Kruger	<a href="tel:844606454">844 606 454</a>
3-Feb-18	Sat	EPA	Mall-E Bay	50\10	5:00	Pollok Beach	Body Con	M Huppelschoten	<a href="tel:826547555">826 547 555</a>
3-Feb-18	Sat	KZN	Neighbourhood Race	10	7:00	Market Spar	Abasubathi	Siph Mncube	<a href="tel:836361119">836 361 119</a>
3-Feb-18	Sat	LIM	Soutpansberg Mountain			Makhado	Soutpansb	Ferreira Nel	<a href="tel:827490413">827 490 413</a>
3-Feb-18	Sat	Mpu	Izimbiwa 5-in-1	42\32\21\15\10	6:00	Shanduka Coal Offices	Middelburg	Piet Schoeman	<a href="tel:727910378">727 910 378</a>
3-Feb-18	Sat	SWD	De Dekke Spar 42	42\10/4	5:30	Spar Greatbrakriver	Hartenbos	Ernest Viviers	<a href="tel:795210713">795 210 713</a>
3-Feb-18	Sat	WP	Spartan Harriers	21\10/5	6:00	Academy for Tech Tokai	Spartan H	Michael Adams	<a href="tel:832965953">832 965 953</a>
<b>4-Feb-18</b>	<b>Sun</b>	<b>CGA</b>	<b>Bobbies</b>	<b>21\10/5</b>	<b>6:00</b>	<b>Greenstone Mall Edenvale</b>	<b>SAPS Gaut</b>	<b>Hein Gerber</b>	<a href="tel:795250302">795 250 302</a>
4-Feb-18	Sun	KZN	DG Panel & Paint Chall	32\16	5:00	Barns Rd Rugby Grounds	Sydenham	Anita Johannes	<a href="tel:842542468">842 542 468</a>
7-Feb-18	Wed	AGN	Corr Services Night	10/5	18:30	Kgosi Mampuru II grounds	Corr Ser		
7-Feb-18	Wed	AVT	Palms Valentines Night	15\10/5	18:30	Louis Trichardt Blvd Vdbp	Nedb Vdb	Dawid Jordaan	<a href="tel:823641954">823 641 954</a>
<b>7-Feb-18</b>	<b>Wed</b>	<b>CGA</b>	<b>Roodepoort Nite Race</b>	<b>15/5</b>	<b>19:00</b>	<b>Khosa Sports Club Cooper Dr</b>	<b>Khosa</b>	<b>Shaun Ulyate</b>	<a href="tel:832742995">832 742 995</a>
7-Feb-18	Wed	Mpu	Stef Stocks Valentyns	10/5	19:00	Sasol Recreation Club	Secunda MC	Wynand	<a href="tel:718584228">718 584 228</a>
7-Feb-18	Wed	WP	Sanlam 10/5	10/5					
8-Feb-18	Thu	NWN	Nite Race	10/5\2		Rustenburg Golf Course		Hetta	<a href="tel:833507839">833 507 839</a>
9-Feb-18	Fri	AFS	Valentine Night Race	10/5	18:30	Welkom Square	Virginia	Deon Lodder	<a href="tel:829213330">829 213 330</a>
10-Feb-18	Sat	AFS	Kloppers Marathon	42\21\10/5	5:30	BFN ACHILLES	BFN Ach	Beverley Olivier	<a href="tel:718953183">718 953 183</a>
10-Feb-18	Sat	AGN	Bronkhorstpruit 32/10km	32\10/5	6:00	Hoërskool Erasmus	Bronkhors	Dankie Kruger	<a href="tel:828270068">828 270 068</a>
10-Feb-18	Sat	Bdr	Down Syndrome 5Km	5			Bdr Ath	Zane Deere	<a href="tel:437433733">437 433 733</a>
10-Feb-18	Sat	Bol	Freedom Race	27\10/5	7:00	Drakenstein Prison	Corr Ser	<a href="tel:215117130">Top Events</a>	<a href="tel:215117130">215 117 130</a>
10-Feb-18	Sat	CNW	Kmk RR	42\21\10/5	5:30	Wilkoppies	KMK	Marius V Heerden	<a href="tel:824872290">824 872 290</a>
10-Feb-18	Sat	EPA	Valentine's 10k	10/5	6:00	Metlife Mall Kabega Park	Achilles	Graham Channon	<a href="tel:781849723">781 849 723</a>
10-Feb-18	Sat	LIM	Comrades marathon		5:30	Pmb	CMA	Rowyn James	<a href="tel:795010061">795 010 061</a>

10-Feb-18	Sat	LIM	Potties 5 in 1	42\31\21\10	6:00	Mokopane	Potties	Hennie Smit	<a href="#">826 029 830</a>
10-Feb-18	Sat	Mpu	Sasol Secunda Marathon	42	6:00	Sasol Recreation club	Sasol MC	July Mavuso	<a href="#">828 021 352</a>
10-Feb-18	Sat	Mpu	Sasol Secunda Marathon	21\10\5	6:00	Sasol Recreation club	Sasol MC	A Sibanyoni	<a href="#">823 329 448</a>
10-Feb-18	Sat	SWD	Beaufort West 21	21	7:00	TBA	Beaufort W	Jan Viljoen	<a href="#">832 764 561</a>
10-Feb-18	Sat	WP	Top Form 10	10\5	6:30	Turfhall Parkstad	Top Form	A Kannemeyer	<a href="#">834 033 145</a>
11-Feb-18	Sun	Bdr	Masters Half	21	6:00	Winterstrand - Buffalo Club	Border M	John Oatley	<a href="#">846 195 126</a>
<b>11-Feb-18</b>	<b>Sun</b>	<b>CGA</b>	<b>Pick 'n Pay Marathon</b>	<b>42\21\8\4</b>	<b>6:00</b>	<b>Saheti School</b>	<b>Jeppie</b>	<b>Bruce King</b>	<b><a href="#">828 084 301</a></b>
11-Feb-18	Sun	KZN	Nongoma Mayoral Race	28\10	7:00	Kwa Gqikazi FET	Nongoma AC	M Manqele	<a href="#">834 329 566</a>
11-Feb-18	Sun	KZN	Hillcrest Marathon	42\21	5:00	Hospital Rd Hillcrest	Hillcrest	Peter Burton	<a href="#">614 732 334</a>
14-Feb-18	Wed	AFS	Valentine's Fun Race	5	18:00	UFS X-Country Track	Kovsie AC	Rufus Botha	<a href="#">726 291 546</a>
14-Feb-18	Wed	AGN	Spar Lantern Night Race	10\5	19:00	Agri Research Council Irene	Irene	Race Office	<a href="#">829 512 581</a>
14-Feb-18	Wed	Bol	Valentines 10km Race	10\5	18:15	Mountain Mill Worcester	Worcester	Rico Hunter	<a href="#">737 243 983</a>
14-Feb-18	Wed	CNW	Doring Kruijn Nite Race	10\5\2	18:30	Doring Kruijn	KMK	Carel v Zyl	<a href="#">718 776 608</a>
14-Feb-18	Wed	Mpu	Power Of love Night race	10\5	18:00	Mbombelastad	Nelspruit	Yolanda Steenkamp	<a href="#">846 076 314</a>
14-Feb-18	Wed	Mpu	Dennies Night Race	10\5	19:00	skool Dennessig Middelburg	Rooies AC	Theuns Luus	<a href="#">836 308 729</a>
<b>16-Feb-18</b>	<b>Fri</b>	<b>CGA</b>	<b>KFC Valentines Nite Race</b>	<b>10\5</b>	<b>19:00</b>	<b>Randburg Sports Complex</b>	<b>Rand H</b>	<b>Club secretary</b>	<b><a href="#">079 8447156</a></b>
17-Feb-18	Sat	AFS	4 X 4km Business Relay	16		UFS X-Country Track	Kovsie AC	Arina Englbrcht	<a href="#">826 449 980</a>
17-Feb-18	Sat	AFS	Bielie Mielie Marathon	42\21\10	6:00	REJANDAZ LODGE REITZ	Maluti	S v Huyssteen	<a href="#">725 634 131</a>
17-Feb-18	Sat	AGN	Bested Tuks Race	42\21\10\5	5:30	Univ of Pta athstad	Tuks AC	Vollie Spies	<a href="#">828 216 952</a>
17-Feb-18	Sat	EPA	Oorie Berg 21	21\10\5	7:00	Omega School Kareedouw	Walmer A C	Loynes Jenkerson	<a href="#">826 446 422</a>
17-Feb-18	Sat	KZN	Emtshezi Race	10	6:00		Emtshezi	Clement Sithole	<a href="#">828 774 890</a>
17-Feb-18	Sat	LIM	Capricorn D M	42\21\10\5	6:00	Rugby B & C	Polokwane	Corrie Calitz	<a href="#">721 492 674</a>
17-Feb-18	Sat	Mpu	Assegaa 3-in-1 Marathon	42\21\10	6:00	Piet Retief Rugby Club	Assegaa	Anne Nieuwhuizen	<a href="#">824 402 294</a>
17-Feb-18	Sat	NWN	Luka Running Challenge	21\10\5		Thete high Luka		Ratang Nke	
17-Feb-18	Sat	WP	WPA Race Walk 1	20\10	7:00	Youngsfield Military Wetton	WPA	Pieter Vorster	<a href="#">849 229 002</a>
18-Feb-18	Sun	Bdr	Buffalo Marathon	42\21	5:30	N6 - Buffalo Club	Buffalo RR	Meta Scott	<a href="#">814 874 984</a>
<b>18-Feb-18</b>	<b>Sun</b>	<b>CGA</b>	<b>Pirates 21</b>	<b>21</b>	<b>6:00</b>	<b>Pirates Club Greenside</b>	<b>Pirates</b>	<b>Hennie Booysen</b>	<b><a href="#">828 010 924</a></b>
18-Feb-18	Sun	KZN	Zabalaza 21	21\10	6:00	Cato Ridge Country Club	Zabalaza	Bongani Ndlovu	<a href="#">732 254 146</a>
18-Feb-18	Sun	WP	Cape Peninsula Marathon	42\21	5:15	Green Point to Simon's Town	Celtic H	H Kearns	<a href="#">824 756 974</a>
21-Feb-18	Wed	Bol	Gino's Night Race	10\5	18:30	Coetzenburg	Maties AC	Hadley Volkwyn	<a href="#">218 084 684</a>
21-Feb-18	Wed	Mpu	McCarthy Panorama	10\5	19:00	Panorama primary	Coaldust	Ansuette	<a href="#">825 634 238</a>
22-Feb-18	Thu	AGN	CorrI Services 10km Nite	10\5	18:00	Kgosi Mampuru II grounds	Corr Ser	M Ntsheni	<a href="#">836 508 038</a>
22-Feb-18	Thu	SWD	Klein Karoo Sake-Aflos		18:00	Oudtshoorn	Klein Karo	Dave vd Walt	<a href="#">827 734 901</a>
23-Feb-18	Fri	AFS	Dare Devil Run Bloem	5	17:30	To be confirmed	Mangaung	Sydney London	<a href="#">722 586 902</a>
23-Feb-18	Fri	SWD	Infantry Night Trail	9	20:00	Infantry School-Oudtshoorn	Military	Richard Hughes	<a href="#">825 634 573</a>
23-Feb-18	Fri	SWD	Cango Marathon 5km	5	18:00	Infantry School-Oudtshoorn	Military	Richard Hughes	<a href="#">825 634 573</a>
24-Feb-18	Sat	AFS	Swasap Ultra Marathon	42\21\11	5:30	BFN ACHILLES	BFN Ach	Beverley Olivier	<a href="#">718 953 183</a>
24-Feb-18	Sat	EPA	Kromberg & Schubert	15\5	6:30	Despatch Central Fields	Muirite St	Margie du Toit	<a href="#">825 475 413</a>
24-Feb-18	Sat	LIM	Pietersburg	42\21\10\5	6:00	TBC	Pietersbrg	Colinda Potgieter	<a href="#">828 988 341</a>
24-Feb-18	Sat	LIM	Maroela Festival	21\10\5		Phalaborwa	RWFLAC	Kobie Marais	<a href="#">825 615 429</a>
24-Feb-18	Sat	LIM	Street Mile		12:00	Polokwane Cricket Club	Pietersbrg	Colinda Potgieter	<a href="#">828 988 341</a>
24-Feb-18	Sat	Mpu	Gijima Nkomazi Marathon	42\21\10	5:00	Mbuzini	Nkomazi	Lordrick Mathomsi	<a href="#">728 467 212</a>
24-Feb-18	Sat	SWD	Cango Half Marathon	42\21	6:00	Infantry School-Oudtshoorn	Military	Richard Hughes	<a href="#">825 634 573</a>
24-Feb-18	Sat	WP	Old Mutual 10km	10\5	18:15	Mutual Park Pinelands	Old Mutual	Russell Peters	<a href="#">723 205 342</a>
25-Feb-18	Sun	AGN	Pretoria Marathon	42\21\10	6:00	Pretotia high Old Boys Club	Phobians	D Kavallineas	<a href="#">827 733 603</a>
<b>25-Feb-18</b>	<b>Sun</b>	<b>CGA</b>	<b>Township Marathon</b>	<b>42\21\10\4</b>	<b>6:00</b>	<b>Eldorado Parkstad</b>	<b>Pegasus AC</b>	<b>Joe Morris</b>	<b><a href="#">824 433 777</a></b>
25-Feb-18	Sun	KZN	Maritzburg City Marathon	42\21\10	5:30	Golden Horse Casino Pmb	Carbineers	John Hall	<a href="#">824 917 679</a>
28-Feb-18	Wed	EP	SA 21 Champs	21		Port Elizabeth	ASA	Mehlo Hlabangane	<a href="#">829 909 470</a>
28-Feb-18	Wed	Mpu	Hoogenhout Nite race	10\5	19:00	Hoogenhout Stadion	Bethal Mk	Betty Longland	<a href="#">833 214 057</a>
3-Mar-18	Sat	AFS	Rose Run	32\10	6:00	Emoya Estate	Pentagon P	Morne Burger	<a href="#">826 884 226</a>
3-Mar-18	Sat	AFS	Surrender Hill Marathon	42\21\10\5	6:00	Clarens Square Clarens	Bethlehem	Elmarie Kruger	<a href="#">829 081 844</a>
3-Mar-18	Sat	AGN	Medihelp Sunrise Monster	32\10\5	6:03	Harlequin Club Groenkloof	Harlequins	Geoff Hesse	<a href="#">828 964 377</a>
3-Mar-18	Sat	Bdr	Kempston Ladies Nite	10\5	17:00	Oxford St	Oxford St	Dillon Pretorius	<a href="#">737 996 075</a>
3-Mar-18	Sat	Bdr	Addo Trail Run	76\44		Addo Elephant National Park			
3-Mar-18	Sat	Bol	Overberg Agri Swartland	21\10\5	7:00	Gene Louw Sportgronde	Swartland	Hanlie Rossouw	<a href="#">815 790 222</a>
3-Mar-18	Sat	EPA	Uitenhage Human Race	30\10\5	6:30	Rosedale Grounds Uitenhage	EPA	Michael Mbambani	<a href="#">791 496 796</a>
3-Mar-18	Sat	KZN	Battlefields	42\21\10	6:00	Hutten Park Newcastle	Riaan Joubert	Riaan Joubert	<a href="#">839 443 997</a>
3-Mar-18	Sat	LIM	Marekale	42\21\10\5	6:00	Marekele Nature Reserve	Thabazimbi	Maryke Carstens	<a href="#">844 163 584</a>
3-Mar-18	Sat	LIM	ATKV Relay			T Junct Eiland Rd Letsitele	Le Club	Rene Coetzee	<a href="#">832 546 532</a>
3-Mar-18	Sat	Mpu	Uniwisp Fast 3-in-1	50\42\21\10	6:00	Mbombelastad	Nelspruit	Yolanda Steenkamp	<a href="#">846 076 314</a>
3-Mar-18	Sat	SWD	Die Poort	21\10	8:00	Show Grounds -Uniondale	Outeniqua	Kosie Zondag	<a href="#">824 877 157</a>
3-Mar-18	Sat	WP	Century City 10	10	7:00	Central Park Century City	Century C	Alan Liebenberg	<a href="#">836 518 165</a>
4-Mar-18	Sun	AVT	Cape Gate Vaal Marathon	42\21\10\5	6:00	Dick Fourie Stad 3 Rivers	Vaal AC	Steve Jackson	<a href="#">833 040 121</a>
4-Mar-18	Sun	Bol	Ewe Rock - Trail Run	10	9:00	Lanner House School	Worcester	Warick Middleton	<a href="#">233 475 837</a>
<b>4-Mar-18</b>	<b>Sun</b>	<b>CGA</b>	<b>Easy Equities Born2Run</b>	<b>32\15</b>	<b>6:00</b>	<b>St Stithians Sandton</b>	<b>Born2Run</b>	<b>David Coetzee</b>	<b><a href="#">826 346 986</a></b>
4-Mar-18	Sun	KZN	Harry Gwala District 42	42\21\10	6:00	Umzimkhulu Ibsi Police Sta	Genius AC	Themba Gumede	<a href="#">729 488 779</a>
4-Mar-18	Sun	LIM	Sondela Fun Run		6:45	Sondela Nature Reserve	Sondela	Nadine Scholtz	<a href="#">845 260 036</a>
4-Mar-18	Sun	WP	Tygerberg 30 km	30	6:00	Parow Athletic Track	Tygerberg	Leon Thelander	<a href="#">839 996 450</a>
7-Mar-18	Wed	Mpu	Eskom Spur Nite Race	10\5	19:00	Spur Steak house Benfleur	Eskom	Paul Bester	<a href="#">829 667 767</a>
7-Mar-18	Wed	WP	Lighthouse 10km	10	18:15	Rocklands Beach Sea Point	Atlantic	Tony Breslin	<a href="#">828 882 307</a>
10-Mar-18	Sat	AFS	Aldam Anco Ultra	50\42\32\21\10	6:00	Aldam Estate Ventersburg	Goudveld		
10-Mar-18	Sat	AGN	Pretoria Bobbies 3 in 1	21\10\5	5:30	Wonderboom Junction Centre	Pretoria P	Charl Celliers	<a href="#">827 853 273</a>
10-Mar-18	Sat	Bdr	Cancer Relay		17:30	Jan Smutsstad	Bdr Ath	Michelle	<a href="#">823 591 071</a>
10-Mar-18	Sat	Bdr	Cabbage Patch	15\5	14:30	Komga Showgrounds	Bdr Ath	Bradley Malherbe	<a href="#">737 553 012</a>
10-Mar-18	Sat	EPA	Sportsmans Warehouse	15\5	6:30	William Moffiet Centre	Madiba Bay	Basil McLean	<a href="#">824 671 949</a>
10-Mar-18	Sat	LIM	Tzaaneen Tuffy	42\21\12\5	6:00	Coach House Tzaneen	Tzaneen	Paul Zaayman	<a href="#">834 604 204</a>

10-Mar-18	Sat	Mpu	Pwc Kosmos 3-in-1	42	6:00	Lake Umuzi Waterfront	Secunda MC	Race Officer	<a href="#">762 858 581</a>
10-Mar-18	Sat	Mpu	Pwc Kosmos 3-in-1	21	13:00	Lake Umuzi Waterfront	Secunda MC	Race Officer	<a href="#">762 858 581</a>
10-Mar-18	Sat	Mpu	Pwc Kosmos 3-in-1	10	17:00	Lake Umuzi Waterfront	Secunda MC	Race Officer	<a href="#">762 858 581</a>
10-Mar-18	Sat	SWD	Tortoise Tuff	30\10\5	7:00	Sedgefield primary	Sedgefield	Erica Roper	<a href="#">828 040 348</a>
10-Mar-18	Sat	SWD	Tortoise Tuff 21km Trail	21	7:00	Sedgefield primary	Sedgef	Erica Roper	<a href="#">828 040 348</a>
10-Mar-18	Sat	WP	Constantia Village	15\5	6:15	Alphen Hall Constantia	VOB	C Kettlewell	<a href="#">217 618 887</a>
11-Mar-18	Sun	AFS	Aldam Anco Ultra	21\10	7:00	Aldam Estate Ventersburg	Goudveld	Marizanne	<a href="#">722 650 141</a>
11-Mar-18	Sun	Bdr	Gandhi Walk	5	9:00	Oxford St	Oxford St	Dillon Pretorius	<a href="#">737 996 075</a>
<b>11-Mar-18</b>	<b>Sun</b>	<b>CGA</b>	<b>Sarens</b>	<b>42\21\10</b>	<b>6:00</b>	<b>Edenvale high</b>	<b>RRW</b>	<b>J Do Couto</b>	<b><a href="#">824 413 278</a></b>
11-Mar-18	Sun	CNW	C/Ville 21.1km	21\10	6:30	Sports Complex	Zero Sport	Musa	<a href="#">782 290 522</a>
11-Mar-18	Sun	KZN	Zululand Ultra Marathon	56\10\5	6:00	Kwa Gqikazi FET	Nongoma AC	M Manqele	<a href="#">834 329 566</a>
11-Mar-18	Sun	KZN	Peace in Africa	21\10	6:30	Kings Park Athleticstad	Mayibuyi	Siviwe Benya	<a href="#">835 458 006</a>
14-Mar-18	Wed	Bol	Correctional Services RR	10\5	18:15	Paarl Farm Ststad	Corr Ser	Albert Poole	<a href="#">715 922 863</a>
14-Mar-18	Wed	Mpu	Coaldust Nite Race	10\5	19:00	Elkana Educational Centre	Coaldust	Abie Smit	<a href="#">725 732 501</a>
15-Mar-18	Thu	ASA	SA Senior T&F Champs			Athletics Gauteng North	ASA	Hezekiel Sepeng	<a href="#">723 641 030</a>
16-Mar-18	Fri	AFS	Sedibeng Water Night	15	18:00	Sedibeng Water	Bothaville	Melanie De Bruyn	<a href="#">731 833 487</a>
17-Mar-18	Sat	AGN	Kolonnade 3 in 1 Race	21\10\5	6:00	Kolonnade Shopping Centre	Overkruin	Jeanne Prinsloo	<a href="#">846 615 176</a>
17-Mar-18	Sat	ASA	Africa XC champs			Algiers	ASA	Hezekiel Sepeng	<a href="#">723 641 030</a>
17-Mar-18	Sat	Bdr	Buffalo Runners	10\5	6:00	Health Avenue Gym - FET	Buffalo R	Zakes Mndela	<a href="#">833 246 871</a>
17-Mar-18	Sat	Bdr	Madeira Mountain Chall	24\16	6:00	Queenstown	Queenstown	Theo Ferreira	<a href="#">828 734 597</a>
17-Mar-18	Sat	EPA	Lake Farm Charity Run	10\5	6:30	Lake Farm Centre Chelsea	Achilles	Graham Channon	<a href="#">781 849 723</a>
17-Mar-18	Sat	Mpu	Bateleur Estate Memoria	21\10\4	6:30	Bateleur Estate The Rest Rd	LVCC	Beth	<a href="#">798 813 582</a>
17-Mar-18	Sat	NWN	Old Mutual Om Die Dam	50\21\10\5		Schoemansville Harties		Jaco Venter	<a href="#">832 229 448</a>
17-Mar-18	Sat	WP	Leapfrog 21km	21\10	7:00	Gordon's Bay primary	Strand	Frans Kotze	<a href="#">833 026 613</a>
17-Mar-18	Sat	WP	Laguna Mall 10km	10\5	8:00	Laguna Mall Langebaan	Arcelor M	Shoneen Wendzich	<a href="#">833 992 651</a>
18-Mar-18	Sun	Bdr	Human Rights Day 5&10	10\5		To be confirmed	Bdr Ath	Alex Kambule	<a href="#">741 390 550</a>
<b>18-Mar-18</b>	<b>Sun</b>	<b>CGA</b>	<b>K-Way Gallopers</b>	<b>15\5</b>	<b>7:00</b>	<b>Leondale Boksburg</b>	<b>Gallopers</b>	<b>Lucky Miya</b>	<b><a href="#">828 879 596</a></b>
18-Mar-18	Sun	KZN	The Deloitte Challenge	10	7:00	Virginia	Dolphin C	Race Officer	<a href="#">800 111 759</a>
18-Mar-18	Sun	KZN	The Deloitte Challenge	21	6:45	Sibaya Casino	Dolphin C	Race Officer	<a href="#">800 111 759</a>
18-Mar-18	Sun	KZN	The Deloitte Challenge	42	6:00	Lifestyle Ballito	Dolphin C	Race Officer	<a href="#">800 111 759</a>
18-Mar-18	Sun	WP	Kloof Nek Classic 21	21	5:30	Camps Bay high	Fit 2000	Justin Kruger	<a href="#">832 632 376</a>
21-Mar-18	Wed	AGN	Right to Run/Walk	21\10\5	7:00	Sunnypark Shopping Mall	Arcadia RC	James Matshhega	<a href="#">825 661 595</a>
21-Mar-18	Wed	AVT	Vaal Mall Night Race	15\10\5	6:30	Vaal Mall Vdbp	A Mittal	Malie vd Walt	<a href="#">828 539 144</a>
<b>21-Mar-18</b>	<b>Wed</b>	<b>CGA</b>	<b>Jaguars 21</b>	<b>21\10\5</b>	<b>6:00</b>	<b>Ennerdale sportsground</b>	<b>Jaguars AC</b>	<b>Elvis Niekerk</b>	<b><a href="#">825 583 590</a></b>
21-Mar-18	Wed	KZN	Stella Royal	25\10	5:00	Stella Sports Club	Stella AC	Alan Gibb	<a href="#">638 248 614</a>
21-Mar-18	Wed	LIM	Old Mutual Two Oceans			Cape Town	Two Oceans	Carol Vosloo	<a href="#">824 148 700</a>
21-Mar-18	Wed	Mpu	Goldi Standerton	42\21\10	6:00	Standerton Show Grounds	Standerton	Heidi v d Merwe	<a href="#">723 910 722</a>
21-Mar-18	Wed	WP	Tyger Run/Walk	21\10\5	6:00	Tyger Valley Shopping	Durbnville	Jack Gambia	<a href="#">741 819 227</a>
24-Mar-18	Sat	AFS	Mwelase Butchery Lifes.	15	7:00	HTS WELKOM	Real Lions	Sam Ditshoane	<a href="#">765 791 442</a>
24-Mar-18	Sat	AFS	Old Mutual Athletics 10k	10\5	6:00	Naval Hill	OM FS	Segametsi Thai	<a href="#">722 184 212</a>
24-Mar-18	Sat	AGN	Denel RR	21\10\5	6:00	Denel Irene Campus	Denel AC	Kierie vd Schyff	<a href="#">828 044 803</a>
24-Mar-18	Sat	ASA	IAAF World Half Champs	21		Valencia Spain	ASA	Hezekiel Sepeng	<a href="#">723 641 030</a>
24-Mar-18	Sat	Bdr	Mercedes Benz 15Km	15	7:00	Westbank	Mercedes B	Luvuyo Mgoduka	<a href="#">835 389 929</a>
24-Mar-18	Sat	EPA	Correctional Services 10	10\5	6:30	St Albans Farmers Market	St Albans	Marius Ferreira	<a href="#">833 055 141</a>
24-Mar-18	Sat	KZN	Willem Boshoff Mem	21\10	6:00	Gooderson Resort	Vryheid AC	Sean Roberts	<a href="#">839 800 202</a>
24-Mar-18	Sat	Mpu	Great East 3-in-1	42\21\10	6:00	Great East Spotts Club	Great East	Sambo	<a href="#">781 941 889</a>
24-Mar-18	Sat	Mpu	Elkana Pay-per-Kay		6:00	Elkana Educational Centre	Coaldust	Abie Smit	<a href="#">725 732 501</a>
24-Mar-18	Sat	SWD	Cansa Relay	10	7:00	Carpe diem School George	Outeniqua	Johann Du Preez	<a href="#">845 010 168</a>
24-Mar-18	Sat	WP	Ravensmead 15 km	15\10\5	7:00	Florida Park Ravensmead	Ravensmead	Sean Davids	<a href="#">836 434 883</a>
25-Mar-18	Sun	AGN	Kosmosdal Fun Run	8\5	6:30	Kosmosdal Checkers	Kosmosdal	Patrick Dudu	<a href="#">734 735 999</a>
<b>25-Mar-18</b>	<b>Sun</b>	<b>CGA</b>	<b>Joburg Ultra Challenge</b>	<b>48\21\10\5</b>	<b>6:00</b>	<b>St Sthians Sandton</b>	<b>Run Zone</b>	<b>Graham Block</b>	<b><a href="#">722 769 635</a></b>
25-Mar-18	Sun	KZN	Umgeni Water Marathon	42\32\15	6:00	Midmar Dam Resort Howick	Collegians	Les Burnard	<a href="#">823 367 244</a>
25-Mar-18	Sun	WP	Milkwood Half	21\10\5	6:30	Soetwater Rec Kommetjie	Harfield	Richard Sutton	<a href="#">826 436 186</a>
28-Mar-18	Wed	LIM	Judaroeis R R		6:00	Maimi Complex	Judaroeis	Israel Mulaudzi	<a href="#">827 994 927</a>
30-Mar-18	Fri	EPA	Kowie St Trail	8	8:00	Port Alfred	Kowie St	Sticks Stiglingh	<a href="#">716 127 339</a>
30-Mar-18	Fri	WP	Two Oceans Fun Runs		9:00	UCT Upper Campus	Two Oceans	Carol Vosloo	<a href="#">217 993 040</a>
31-Mar-18	Sat	AGN	Family Day Run/Walk	21\10\5	7:00	Lynnridge Mall	RWFLAC	Daan du Toit	<a href="#">825 724 169</a>
31-Mar-18	Sat	EPA	Two Oceans	56\21		Cape Town			
31-Mar-18	Sat	Mpu	Lifemap Easter Run	10\5	6:30	Univ of Mpumalanga	Siyabuswa	Rinnie Tlometsane	<a href="#">769 252 896</a>
31-Mar-18	Sat	WP	Two Oceans Ultra	56		Cape Town		Carlos Vosloo	<a href="#">834 148 700</a>
31-Mar-18	Sat	WP	Two Oceans half	21	6:00	Main Rd Newlands	Two Oceans	Carol Vosloo	<a href="#">217 993 040</a>
31-Mar-18	Sat	WP	Two Oceans Ultra	56	6:30	Main Rd Newlands	Two Oceans	Carol Vosloo	<a href="#">217 993 040</a>
4-Apr-18	Wed	ASA	Commonwealth Games			Gold Coast Australia	ASA	Hezekiel Sepeng	<a href="#">723 641 030</a>
<b>5-Apr-18</b>	<b>Thu</b>	<b>CGA</b>	<b>JP Morgan Challenge</b>	<b>5\6</b>	<b>18:30</b>	<b>Wanderers Club</b>	<b>Wanderers</b>	<b>Dylan Burgess</b>	<b><a href="#">633 890 681</a></b>
7-Apr-18	Sat	AGN	Ford 3 in 1	21\10\5	6:30	Ford Motor Company Premises	Ford AC	Dan Nkoana	<a href="#">721 717 390</a>
7-Apr-18	Sat	Bdr	PAWS Fun Run/Walk 5Km	5	8:00	Hamiltons Club	Bdr Ath	Gavin De Lange	<a href="#">768 016 888</a>
7-Apr-18	Sat	Bol	Delta Draf	10\5	8:00	Solms-Delta Wine Estate	Dwarsriver	Ralph Jacobs	<a href="#">835 861 168</a>
7-Apr-18	Sat	EPA	Motherwell Freedom Run	10\5	7:00	Nu2 Stadium Motherwell	Ikhamba	Michael Mbambani	<a href="#">791 496 796</a>
7-Apr-18	Sat	KZN	Arthur Creswell Mem	52\21	5:30	Bergville Municipality	Ladysmith	Lincoln Sibiya	<a href="#">793 610 874</a>
7-Apr-18	Sat	LIM	Mall of the North	42\21\10\5	6:00	Mall of the North	Polokwane	Corrie Calitz	<a href="#">721 492 674</a>
7-Apr-18	Sat	Mpu	Gert Sibande Marathon	42\21\10	6:00	Gert Sibande District	Ermelo Mk	Sabelo Sikhakhane	<a href="#">082 4308057</a>
7-Apr-18	Sat	SWD	KKI Volstruiswedloop	21\10	7:00	Wesbank Primary Oudtshoorn	Oudtshoorn	David McKinnon	<a href="#">823 748 632</a>
8-Apr-18	Sun	AGN	Modern Ath Irene Ultra	48\21\5	5:30	Agri Research Council Irene	Irene AC	Race Office	<a href="#">829 512 581</a>
<b>8-Apr-18</b>	<b>Sun</b>	<b>CGA</b>	<b>Alan Robb 32</b>	<b>32\15</b>	<b>6:30</b>	<b>Germistonstad</b>	<b>GCH</b>	<b>Les Black</b>	<b><a href="#">825 527 866</a></b>
8-Apr-18	Sun	KZN	Nquthu Race	10	9:00	Zicole Area	Nquthu AC	Keneth Shange	<a href="#">733 979 358</a>

8-Apr-18	Sun	KZN	Ma'am Jila Memorial	10	7:00	Mgence Store Hammarsdale	Zenzeleni	Zakheli Mnkadi	<a href="#">846 442 733</a>
8-Apr-18	Sun	WP	Central Athletics 10	10\5	7:30	Newlands Cricketstad	Central	Adnaan Mohamed	<a href="#">834 274 648</a>
11-Apr-18	Wed	Mpu	Kliphfontein Nite	10\5	19:00	skool Kliphfontein	Eskom AC	Paul Bester	<a href="#">829 667 767</a>
14-Apr-18	Sat	AFS	Kilo's Vir Klompvoetjies	21\10\5	6:00	Voortrekker Hoër Bethlehem	Bethlehem	Elmarie Kruger	<a href="#">829 081 844</a>
14-Apr-18	Sat	AGN	Freedom RR	21\10\5	6:00	Wonderpark Shopping Mall	Madowns AC	Cedric Moela	<a href="#">721 602 805</a>
14-Apr-18	Sat	Bdr	OMAC	21\10\5		new event			
14-Apr-18	Sat	SWD	Two Lagoons	30\10\5	7:00	Dairy 11km past Hoekwill	CapeMS	Gerrit du Toit	<a href="#">722 827 995</a>
<b>15-Apr-18</b>	<b>Sun</b>	<b>CGA</b>	<b>Allen Ferguson Half</b>	<b>21\10\5</b>	<b>6:30</b>		<b>JHAC</b>	<b>Cathy Munn</b>	<a href="#">726 790 874</a>
<b>15-Apr-18</b>	<b>Sun</b>	<b>CGA</b>	<b>Jackie Gibson Marathon</b>	<b>42</b>	<b>6:00</b>	<b>Klipriviersberg Rec</b>	<b>JHAC</b>	<b>Johannes Khoele</b>	<a href="#">837 006 847</a>
15-Apr-18	Sun	EPA	Ironman Africa						
15-Apr-18	Sun	KZN	Durban City Marathon	42\21\10	5:30	Kings Park Athleticstad	KZNA	KZNA	<a href="#">313 129 374</a>
21-Apr-18	Sat	AFS	Kovsie Ultra Marathon	52	6:00	Pretty Gardens	Kovsie AC	Rufus Botha	<a href="#">791 750 023</a>
21-Apr-18	Sat	AFS	Campus 2 Campus 42	42\21\10\5	6:00	Goldfieldfields TVET Coll	Goldfields	Constant Lithuge	<a href="#">710 050 015</a>
21-Apr-18	Sat	AGN	Morula 21	21\10\5	6:30	Giantstad	Morula AC	Mmapule Raborife	<a href="#">827 743 202</a>
21-Apr-18	Sat	Bdr	Pacers 10Km	10	6:30	Beacon Bay Country Club	EL Pacers	Sharonne Dewing	<a href="#">833 183 853</a>
21-Apr-18	Sat	EPA	Bruintjieshoogte 42	50\25\15	5:00	Pearston / Somerset East	Somerset E	Henrico Marais	<a href="#">721 308 258</a>
21-Apr-18	Sat	Mpu	ForeverLoskop 50k	50	6:00	Forever Resorts	Middelburg	Piet Schoeman	<a href="#">727 910 378</a>
21-Apr-18	Sat	Mpu	Loskop Series 4.9 km	5	6:45	Forever Resorts	Middelburg	Piet Schoeman	<a href="#">727 910 378</a>
21-Apr-18	Sat	Mpu	Forever Loskop Series 21	21	6:30	Forever Natuur Resevaat	Middelburg	Piet Schoeman	<a href="#">727 910 378</a>
21-Apr-18	Sat	SWD	Greatbrak 10km	10	7:00	Laer Skool Voorentoe sport	Mossel Bay	Jacob Karelse	<a href="#">730 817 484</a>
21-Apr-18	Sat	WP	Weskus Marathon	42\21\10\5	6:30	Langebaan Country Estate	Langebaan	Louis vd Walt	<a href="#">742 338 865</a>
<b>22-Apr-18</b>	<b>Sun</b>	<b>CGA</b>	<b>Birchwood 21</b>	<b>21\10</b>	<b>6:30</b>	<b>Birchwood Hotel Boksburg</b>	<b>Birchwood</b>	<b>Johannes Phoku</b>	<a href="#">736 867 111</a>
<b>22-Apr-18</b>	<b>Sun</b>	<b>CGA</b>	<b>Birchwood 21</b>	<b>5</b>	<b>7:30</b>	<b>Birchwood Hotel Boksburg</b>	<b>Birchwood</b>	<b>Johannes Phoku</b>	<a href="#">746 867 111</a>
22-Apr-18	Sun	KZN	Chatsworth Freedom 42	52\21\10	5:30	Chatsworthstad	Chatsworth	Dees Govender	<a href="#">837 854 333</a>
27-Apr-18	Fri	AFS	Mangaung RR	10	7:30	To be confirmed	Mangaung	Sydney London	<a href="#">722 586 902</a>
<b>27-Apr-18</b>	<b>Fri</b>	<b>CGA</b>	<b>Cradle of Humankind Race</b>	<b>32</b>	<b>6:30</b>	<b>Makati Wedding Venue</b>	<b>Krugerdorp</b>	<b>Sharlene Gagiano</b>	<a href="#">835 129 640</a>
<b>27-Apr-18</b>	<b>Fri</b>	<b>CGA</b>	<b>Cradle of Humankind Race</b>	<b>21</b>	<b>6:45</b>	<b>Makati Wedding Venue</b>	<b>Krugerdorp</b>	<b>Sharlene Gagiano</b>	<a href="#">835 129 640</a>
<b>27-Apr-18</b>	<b>Fri</b>	<b>CGA</b>	<b>Cradle of Humankind Race</b>	<b>10\5</b>	<b>7:00</b>	<b>Makati Wedding Venue</b>	<b>Krugerdorp</b>	<b>Sharlene Gagiano</b>	<a href="#">835 129 640</a>
27-Apr-18	Fri	Mpu	Bethal 2&1	21\10\5	7:00	Marietjie v Niekerk Primary	Bethal	Pieter Botes	<a href="#">829 207 555</a>
27-Apr-18	Fri	WP	Nantes 10km	10\5	7:00	Vangate Sports Complex	Nantes	Denzil Rykklief	<a href="#">795 093 980</a>
28-Apr-18	Sat	AFS	Wilge Marathon	42\21	7:00	GJ Human Grounds Frankfort	Goudveld	Anita Oberholzer	<a href="#">058 8131487</a>
28-Apr-18	Sat	AGN	City of Tshwane Marathon	21\10\5	6:30	Silverton	AGN	Walter Vilakazi	<a href="#">123 274 930</a>
28-Apr-18	Sat	EPA	Port Alfred 21	21\5	7:00	Port Alfred high	EPA	Michael Mbambani	<a href="#">791 496 796</a>
28-Apr-18	Sat	KZN	Pongola Sugar Cane	42\21\10	5:30	Pongola Sports Ground	Pongola AC	Heinrich Koen	<a href="#">832 287 682</a>
28-Apr-18	Sat	Mpu	Sudwala Monster	21\10\5	7:00	Sudwala Lodge/Caves	Legogote	Andre Vianello	<a href="#">845 168 374</a>
28-Apr-18	Sat	SWD	Outeniqua Marathon	42\21\10	7:00	George Sports Club - George	Outeniqua	Deon de Jager	<a href="#">834 534 781</a>
29-Apr-18	Sun	Bdr	5 km fun run	5	7:30	Sisa Dukashe	Real Gij	Alex Kambule	<a href="#">842 024 872</a>
29-Apr-18	Sun	Bdr	Real Gijimas 50 km Ultra	50	5:30	Zwelitsha to Dukashe	Real Gij	Alex Kambule	<a href="#">842 024 872</a>
<b>29-Apr-18</b>	<b>Sun</b>	<b>CGA</b>	<b>Robor Scaffolding 42</b>	<b>50\42\21\10\5</b>	<b>6:30</b>	<b>Benoni Northern S/Ground</b>	<b>BNAC</b>	<b>Jan Jordaan</b>	<a href="#">828 000 762</a>
29-Apr-18	Sun	KZN	J G Zuma Marathon	42\21\10	5:30	Seven Oaks	Muden AC	Zengele	<a href="#">731 423 533</a>
29-Apr-18	Sun	KZN	Tronox Marathon	42\21\10	5:30	Addison Park Empangeni	Umhlatuze	Roy Singh	<a href="#">829 472 153</a>
29-Apr-18	Sun	WP	SPAR Women's (TBC)	10\5	7:30	Green Point Common	WPA	WPA Office	<a href="#">216 990 615</a>
1-May-18	Tue	AFS	Sol Plaatjie Memorial 42	42\21\10\5	6:00	Bethlehem Show Grounds	Bethlehem	Elmarie Kruger	<a href="#">829 081 844</a>
1-May-18	Tue	AGN	Wally Hayward Marathon	42\21\10\5	6:30	TBC	Alpha Cent	Bert v den Raad	<a href="#">829 226 817</a>
1-May-18	Tue	Bol	Safari Wellington RR	21\10\5	7:00	Hugenote high	Wellington	<a href="#">Top Events</a>	<a href="#">215 117 130</a>
<b>1-May-18</b>	<b>Tue</b>	<b>CGA</b>	<b>JM 54 marathon</b>	<b>42\21\5</b>	<b>6:00</b>	<b>Randstad</b>	<b>Colossus</b>	<b>Joseph Mabodla</b>	<a href="#">813 433 787</a>
1-May-18	Tue	KZN	Hibiscus Coast Marathon	50\21\10	6:00	Ugu Sports Centre	SouthCoast	Kim Jones	<a href="#">845 117 651</a>
1-May-18	Tue	KZN	Gaterite Challenge	42\21\10	5:00	Verulam Recreation Grounds	Verulam AC	Anand Naicker	<a href="#">837 836 363</a>
1-May-18	Tue	SWD	Avis Run 2 Raise	10\4	8:00	Tramonto Geelhtboom George	Nedbank RC	Elna Schwartz	<a href="#">833 261 699</a>
4-May-18	Fri	AFS	Ng Kerk Welkom Herfsmark	5	7:00	NG Kerk Jan Cilliers park	Harmony St	Nico Dicks	<a href="#">837 808 300</a>
5-May-18	Sat	AFS	Interstate Bus Glen 21	21	7:00	TIELMAN ROOS St	BFN Ach	Beverley Olivier	<a href="#">718 953 183</a>
5-May-18	Sat	AGN	The Love Run	21\10\5	7:00	Hatfield Christian Church	Love Runn	Phillip Sergeant	<a href="#">824 542 222</a>
5-May-18	Sat	ASA	World Race Walk champs			Taicang China	ASA	Hezekiel Sepeng	<a href="#">723 641 030</a>
5-May-18	Sat	Bdr	Mazars Diesel Depot 15K	15	6:00	Hamiltons Chamberlain Rd	Hamiltons	Bronek Urban	<a href="#">825 770 932</a>
5-May-18	Sat	EPA	Spar Ladies Race	10\5	7:00	Pollok Beach	Walmer A C	Loynes Jenkerson	<a href="#">826 446 422</a>
5-May-18	Sat	Mpu	Richkim Henry Consultant	21\10\5	6:30	Midack Club house	Midack	James Faber	<a href="#">824 434 193</a>
6-May-18	Sun	AGN	Nedbank Long Run RR	10\5	6:30	Correctional Services	Nedbank	Nick Bester	<a href="#">828 250 725</a>
6-May-18	Sun	AGN	Wings for Life World Run	Anydistance		Super Sports Park Centurion	Momentum	Renee Jordaan	<a href="#">832 309 963</a>
<b>6-May-18</b>	<b>Sun</b>	<b>CGA</b>	<b>Colgate RR</b>	<b>32\15\6</b>	<b>6:30</b>	<b>Boksburg Citystad</b>	<b>Boksburg</b>	<b>Lauren Dance</b>	<a href="#">119 173 721</a>
6-May-18	Sun	KZN	Checkout Challenge	21\10	6:30	Kings Park Athleticstad	Verulam F	AM Moodley	<a href="#">832 435 467</a>
6-May-18	Sun	WP	UCT memorial	10	7:15	Middle Campus UCT	UCT	Kerr Rogers	<a href="#">216 503 564</a>
12-May-18	Sat	AFS	Zio Cash & Carry 21	21\10	7:00	DP de villiers Sasolb	SASOL AC	Dolf Binneman	<a href="#">733 396 809</a>
12-May-18	Sat	AGN	Jackie Mekler	25\10\5	6:30	Pretoria Military Sports	Pretoria M	James Matshekga	<a href="#">825 661 595</a>
12-May-18	Sat	Bdr	All Stars	10\5	6:30	Amalinda Track	All Stars	M Kolisile	<a href="#">833 102 427</a>
12-May-18	Sat	Bdr	Blanco Trail RunHalf	21\10	9:00	Blanco Guest Farm	Old Selb	Peter Bursey	<a href="#">836 271 713</a>
12-May-18	Sat	Bol	Powerade HerfSprag RR	21\10\5	8:00	HS Hexvallei Sportsfield	Worcester	Bennie Du Plessis	<a href="#">833 241 675</a>
12-May-18	Sat	EPA	Sunridge Village 10k	10\5	7:00	Sunridge Village	PEAAC	Kevin Benade	<a href="#">794 900 427</a>
12-May-18	Sat	Mpu	Selati 2 in 1	21\10\5	7:00	Malelane Rugby Club	Onderberg	Deon Valks	<a href="#">827 880 675</a>
13-May-18	Sun	KZN	Starling Plumbers	21\10	6:00	Mount Edgcombe Rec	Woodview	Pragasen Naidu	<a href="#">719 178 313</a>
13-May-18	Sun	WP	Metropolitan Slave Route	21\10\5	7:00	Grand Parade Cape Town	Lion of Af	Farouk Meyer	<a href="#">834 606 786</a>
18-May-18	Fri	Bdr	Women's Day Charity Run	5		Queenstown	Queenstown	Liezl Heideman	
19-May-18	Sat	AGN	Race of Hope	21\10\5	7:00	The Grove Mall	RWFLAC	Daan du Toit	<a href="#">825 724 169</a>
19-May-18	Sat	Bdr	United Pentecost 10Km	10\5	7:00	Buffalo Flats Cricket	United Ath	Greg Minnie	<a href="#">724 317 814</a>
19-May-18	Sat	Mpu	Mhluzi Arountdown Magic	21\10\5	7:00	Mkhathini Magic School	Nkangala	Emmanuel Mabaso	<a href="#">725 276 810</a>
19-May-18	Sat	NWN	Bojanala Half	21\5		Olympia Parkstad		Bruce Mogano	
19-May-18	Sat	SWD	Hoekwil	21\10\3	8:00	NG Church Die Vleie	Cape MS	Gerrit du Toit	<a href="#">722 827 995</a>

20-May-18	Sun	Bdr	All Africa Half	21\5	7:00	To be confirmed	Bdr Ath	Alex Kambule	<a href="#">842 024 872</a>
<b>20-May-18</b>	<b>Sun</b>	<b>CGA</b>	<b>RAC 10km</b>	<b>10</b>	<b>8:00</b>	<b>Old Parktonians Randburg</b>	<b>RAC</b>	<b>Vreni Welch</b>	<a href="#">114 428 256</a>
<b>20-May-18</b>	<b>Sun</b>	<b>CGA</b>	<b>RAC 10km Walk</b>	<b>10</b>	<b>8:10</b>	<b>Old Parktonians Randburg</b>	<b>RAC</b>	<b>Vreni Welch</b>	<a href="#">114 428 256</a>
20-May-18	Sun	KZN	eMadadeni 21	21\10	7:00	Phelandaba Sports Complex	eMadadeni	Phumlani Sangweni	<a href="#">825 311 113</a>
20-May-18	Sun	WP	Cape Town 12 onerun	12	9:00	Milnerton Beach - Cape Town	Bracknell	DavidCarthy	<a href="#">799 130 618</a>
26-May-18	Sat	AFS	Town To Town Off RR	25	8:00	Botshabelo to Thaba Nchu	Fast legs	Pretty Booyesen	<a href="#">829 459 051</a>
26-May-18	Sat	AGN	Hercules Skosana Legend	10\5	7:00	Super Spar Hercules	RWFLAC	Enoch Skosana	<a href="#">828 258 001</a>
26-May-18	Sat	Bdr	Cambridge Canter 5&10	10\5	8:30	Cambridge primary	Bdr Ath	Dayne Lutge	<a href="#">437 268 150</a>
26-May-18	Sat	EPA	Panamor Gel 21	21\10\5	7:00	Maranatha Home Forest Hill	Aspen	Wendy Denston	<a href="#">768 348 124</a>
26-May-18	Sat	LIM	Aida	15\10\5	7:00	Polokwane	RWFLAC	Kobie Marais	<a href="#">825 615 429</a>
26-May-18	Sat	Mpu	HighveldMall Ice Breaker	21\10\5	8:00	Highveld Mall	Coaldust	Abie Smit	<a href="#">725 732 501</a>
26-May-18	Sat	SWD	Meiringspoort 20km	20	8:00	NG Church Hall	De Rust St	Pieter Schoeman	<a href="#">823 770 547</a>
26-May-18	Sat	SWD	Meiringspoort 10km Trail	10	8:00	NG Church Hall	De Rust St	Pieter Schoeman	<a href="#">823 770 547</a>
27-May-18	Sun	KZN	King Msinga Memorial	10	6:30	Manazowandle Sports Ground	Hammarsdile	Mhlengh Maxase	<a href="#">790 337 251</a>
29-May-18	Tue	WP	Voet of The Wine Route	10\5	7:30	Zevenwacht Mall Kuilsrivier	In Touch	Enrico Daniels	<a href="#">798 013 906</a>
2-Jun-18	Sat	AGN	Race of Faith	21\10\5	7:00	Silver Oakes Crossing	RWFLAC	Daan du Toit	<a href="#">825 724 169</a>
2-Jun-18	Sat	Bdr	Mdantsane AC 10Km	10	7:00	Mdantsane Indoor Sp Centre	Mdantsane	Monica Lahle	<a href="#">767 172 106</a>
<b>2-Jun-18</b>	<b>Sat</b>	<b>CGA</b>	<b>MTN 21km Race</b>	<b>21\10\5</b>	<b>7:00</b>	<b>MTN Head Office Fairland</b>	<b>MTN</b>	<b>Sfiso Vilakazi</b>	<a href="#">832 123 894</a>
2-Jun-18	Sat	Mpu	Riverside Take-a-step	10	7:00	Riverside Mall Nelspruit	Lowveld CC	Kuen Pappas	<a href="#">832 566 591</a>
2-Jun-18	Sat	SWD	Sportscentre 10km	10	8:00	Van Kervel School - George	Nedbank RC	Thia Landsberg	<a href="#">834 774 780</a>
2-Jun-18	Sat	WP	UWC Fast and Flat 10km	10\5	7:30	UWC Modderdam Rd Bellville	UWC	Hadley Volkwyn	<a href="#">748 001 204</a>
9-Jun-18	Sat	AGN	Executive Mayor Race	10\5	7:00	Giantstad	Morula	Kagiso Raborife	<a href="#">712 789 901</a>
9-Jun-18	Sat	Bdr	Carel du Toit Centre	8\4			Bdr Ath	Lara Roux	<a href="#">437 421 420</a>
<b>9-Jun-18</b>	<b>Sat</b>	<b>CGA</b>	<b>Cell C Day of the Races</b>	<b>5</b>	<b>8:00</b>	<b>Rooseveldt high</b>	<b>Zonkizizwe</b>	<b>Mehlo Hlabangane</b>	<a href="#">829 909 470</a>
9-Jun-18	Sat	KZN	DSR/KZN Youth Run	10\5	8:30	Kings Park Outer Fields	KZNA	KZNA	<a href="#">313 129 374</a>
10-Jun-18	Sun	EPA	Comrades Marathon	90		Pmb			
10-Jun-18	Sun	KZN	Comrades (AIMS)	90		Pmb		Rowyn James	<a href="#">795 010 061</a>
10-Jun-18	Sun	KZN	Comrades Marathon	90	5:30	Pmb City Hall	CMA	Rowyn James	<a href="#">338 978 650</a>
16-Jun-18	Sat	AGN	Run Against Drugs	10\5	7:00	Spar Nina Park	Mamelodi	Gabriel Makola	<a href="#">781 694 643</a>
16-Jun-18	Sat	AVT	Wild Run Trail	12\6	8:30	Flora Garden Bridge Vdbp	A Mittal	Malie vd Walt	<a href="#">828 539 144</a>
16-Jun-18	Sat	Bol	Napier 21	21\10\4	8:30	Agulhas Skool Napier	Boland Ath	Frans Botha	<a href="#">826 751 311</a>
<b>16-Jun-18</b>	<b>Sat</b>	<b>CGA</b>	<b>St Youth Day Race</b>	<b>21\10\5</b>	<b>7:00</b>	<b>Kagiso Sports Complex</b>	<b>Kagiso St</b>	<b>N Tumane</b>	<a href="#">720 724 251</a>
16-Jun-18	Sat	LIM	Youth Challenge		6:30	Nkowankowastad	Nkowankowa	Samuel Ntsanwisi	<a href="#">791 948 023</a>
16-Jun-18	Sat	Mpu	Wakkerstroom Mountain	21\10\5	8:00	Volksrust	Volksrust	Rupert Lawlor	<a href="#">832 279 020</a>
16-Jun-18	Sat	SWD	Total Youth Day 10km	10\3	8:00	Total Courtenay St - George	Nedbank RC	Thia Landsberg	<a href="#">834 774 780</a>
16-Jun-18	Sat	WP	Dave Spence Mem.	10\4.2	7:30	NY 49stad Gugulethu	Gugs	Marshall Moiloa	<a href="#">846 508 758</a>
17-Jun-18	Sun	KZN	Save the Rhino	21\10\5	7:00	Machigini Sports Ground	Mtubatuba	Mike Somakepu	<a href="#">829 794 466</a>
17-Jun-18	Sun	WP	K-Way VOB Table Mountain	16	8:00	Constantia Nek	VOB	C Kettlewell	<a href="#">217 618 887</a>
22-Jun-18	Fri	AGN	Festival of Running	Relay		Super Sport Park Centurion	Momentum	Renee Jordaan	<a href="#">832 309 963</a>
23-Jun-18	Sat	AGN	Race for Friendship	21\10\5	7:00	Glenfair Boulevard Lynnwood	RWFLAC	Daan du Toit	<a href="#">825 724 169</a>
23-Jun-18	Sat	AGN	Festival of Running	Relay		Super Sport Park Centurion	Momentum	Renee Jordaan	<a href="#">832 309 963</a>
23-Jun-18	Sat	Bdr	Katberg Eco Trail	21\10\3	9:00	Katberg Golf Estate	Old Selb	Sharon Eldridge	<a href="#">832 843 781</a>
23-Jun-18	Sat	Bol	Boland Corr services	21\10\5	7:45	Dal Josaphat stadium Paarl	Corr Ser	Basil Jantjies	<a href="#">744 331 697</a>
23-Jun-18	Sat	EPA	Heartbreak Hill 1/2 Mar	21\5	6:30	Italian Club Charlo	Charlo A C	Eusentha Pillay	<a href="#">846 650 910</a>
23-Jun-18	Sat	LIM	Senwabarwana Mayor's RR		6:00	Mampote Village	Senwabarw	L P Ledwaba	<a href="#">723 906 644</a>
23-Jun-18	Sat	SWD	McDonald's 2 McDonald's	10	8:00	McDonald's GR Mall - George	Nedbank RC	Thia Landsberg	<a href="#">834 774 780</a>
23-Jun-18	Sat	WP	Mamre 21 km	21\5	8:00	Mamre primary	Mamre	Lesley Daniels	<a href="#">715 081 136</a>
<b>24-Jun-18</b>	<b>Sun</b>	<b>CGA</b>	<b>Orlando kansa Race</b>	<b>21\10\5</b>	<b>8:00</b>	<b>Orlando Rugby Ground</b>	<b>Orlando AC</b>	<b>Sibongile Maruta</b>	<a href="#">784 450 249</a>
24-Jun-18	Sun	KZN	Durban Spar Women's	10	8:00	Kings Park Outer Fields	KZNA	Brad Glasspoole	
24-Jun-18	Sun	WP	Don Lock memorial	15\8	8:00	Brookside	Celtic H	H Kearns	<a href="#">824 756 974</a>
30-Jun-18	Sat	AGN	Riana van Niekerk	21\10\5	7:30	Zwartkop high	Alpha Cent	Bert vd Raad	<a href="#">829 226 817</a>
30-Jun-18	Sat	EPA	Volkswagen 10km RR	10\5	6:30	Volkswagen People Pavilion	Volkswagen	Plaatjie Damons	<a href="#">748 898 552</a>
30-Jun-18	Sat	Mpu	Buffalo Run	21\10\5	8:00	Round Table Comm centre	Coaldust	Charl Venter	<a href="#">715 198 742</a>
30-Jun-18	Sat	SWD	Palm Tyres	10\5	8:00	Courtney St George	Rainbow AC	Sidwell Oktober	<a href="#">783 958 489</a>
30-Jun-18	Sat	WP	Spookhill 15km	15\5	8:00	Beaumont Prim Somerset W	Helderberg	TBC	
1-Jul-18	Sun	KZN	*SAMA 5 & 10	10\5	8:00	Kings Parkstad	Phoenix	Danny Chetty	<a href="#">824 544 073</a>
2-Jul-18	Mon	SWD	ASWD KMC Relay			KNysna	ASWD	Soraya de Reuck	<a href="#">448 730 023</a>
3-Jul-18	Tue	SWD	ASWD & KMC Street Miles	1,6		Knysna	ASWD	Soraya de Reuck	<a href="#">448 730 023</a>
7-Jul-18	Sat	AFS	Bfn Achilles Charity Run			TBA	BFN Ach	Beverley Olivier	<a href="#">718 953 183</a>
7-Jul-18	Sat	AGN	Ice Breaker	21\10\5	7:00	Garsfontein primary	Wingate RR	Natascha de Jager	<a href="#">716 888 024</a>
7-Jul-18	Sat	Mpu	Hall's	21\10\4	7:00	Halls Farm Stall Nelspruit	LVCC	Beth	<a href="#">798 813 582</a>
7-Jul-18	Sat	SWD	Knysna Forest Marathon	42\21	8:00	Glebe - Knysna	Knysna MC	Marianne Brown	<a href="#">761 954 832</a>
7-Jul-18	Sat	SWD	Knysna Forest 5k	5	7:30	Waterfront Drive- Knysna	Knysna MC	Moses Gericke	<a href="#">827 637 974</a>
7-Jul-18	Sat	WP	Eersterivier 15	15\10\5	7:15	Stratford primary	Eersteri	Johannes Kamfer	<a href="#">844 627 431</a>
8-Jul-18	Sun	Bdr	Trevor Klose 5Km	15\10	6:30	Beacon Bay Country Club	EastLondon	Graham Reynolds	<a href="#">824 480 727</a>
<b>8-Jul-18</b>	<b>Sun</b>	<b>CGA</b>	<b>Northgate 10km</b>	<b>10\5</b>	<b>7:30</b>	<b>Northgate Shopping Centre</b>	<b>Roodepoort</b>	<b>Charlie Herselman</b>	<a href="#">827 701 143</a>
8-Jul-18	Sun	KZN	Sisonke Challenge	10	7:00	Inanda Dam	Sisonke AC	Sihle Shange	<a href="#">734 709 842</a>
8-Jul-18	Sun	KZN	C2C	12	7:00	New Cemetery Pmb	Spartan AC	John Hall	<a href="#">824 917 679</a>
8-Jul-18	Sun	SWD	Houtkapper Trail	27\15\9	8:30	Qa Montanha Rheenendal	Knysna MC	Mihan Roos	<a href="#">825 376 167</a>
10-Jul-18	Tue	ASA	IAAF World Junior champs			TampereFinland	ASA	Hezekiel Sepeng	<a href="#">723 641 030</a>
14-Jul-18	Sat	AGN	Vasbyt	25\10\5	7:30	Voortrekker Monument	Voortreker	Leon Bezuidenhout	<a href="#">123 869 000</a>
14-Jul-18	Sat	Bdr	Watergat 15Km Challenge	15\5	14:00	Watergat Macleantown	Oxford St	Dillon Pretorius	<a href="#">737 996 075</a>
14-Jul-18	Sat	EPA	Knysna Forest			Knysna			
14-Jul-18	Sat	Mpu	Mozma Cleaning	21\10\5	7:00	White River Rugby club	Legogote	Andre Vianello	<a href="#">845 168 374</a>
14-Jul-18	Sat	WP	Easterns 15\6	15\6	7:15	Fairbridge Mall Brackenfell	Kraaifont	William Swartbooi	<a href="#">842 477 170</a>

<b>15-Jul-18</b>	<b>Sun</b>	<b>CGA</b>	<b>Race Walk Commission</b>	<b>10</b>	<b>8:00</b>	<b>Nasrec</b>	<b>Walkers</b>	<b>Lesley v Buuren</b>	
15-Jul-18	Sun	KZN	Forest 10	10	7:00	Forest Hills Sports Club	Forest H	Dirk Coetzee	<a href="#">716 103 860</a>
18-Jul-18	Wed	AFS	Madiba 67	10	17:30	Goldfields Mall Welkom	Goudveld	Dulcie	<a href="#">748 994 164</a>
21-Jul-18	Sat	AGN	Long Walk to Freedom	21\10\5	6:30	Ecopark Centurion	Aerobics	Matome Lehomo	<a href="#">836 275 326</a>
21-Jul-18	Sat	KZN	Mandela 67 Corp Relay	7	13:00	Peoples Park	Dolphin C	Barry Holland	<a href="#">832 520 691</a>
21-Jul-18	Sat	Mpu	Dullstroom Altitude	21\10\5	8:00	Dullstroom MP	Middelburg	Chamane	<a href="#">826 546 645</a>
21-Jul-18	Sat	SWD	Madiba	21\10\3	8:00	Unity Park - York St George	Ath SWD	Soraya de Reuck	<a href="#">448 730 023</a>
21-Jul-18	Sat	WP	C.T. Festival 100/50	100\50	6:00	Promenade Sea Point	Hewat	Kanu Sukha	<a href="#">722 101 127</a>
22-Jul-18	Sun	Bdr	EL Pet Pals Trail Run	15\10\5	9:00	Emeraldvale Cintsa	Bdr Ath	Michelle Reed	<a href="#">838 005 002</a>
22-Jul-18	Sun	KZN	Totalsports Womens Race	10	8:00	Kings Park Athleticstad		Agne du Plessis	<a href="#">825 174 799</a>
22-Jul-18	Sun	WP	C.T Festival	21\10\5	7:00	Promenade Sea Point	Hewat	Kanu Sukha	<a href="#">722 101 127</a>
27-Jul-18	Fri	Bdr	Washie 160Km Ultra	160	17:00		Buffalo RR	Meta Scott	<a href="#">710 748 022</a>
28-Jul-18	Sat	AGN	Wierdapark RR	21\10\5	7:00	Zwartkop Lapa Centurion	Denel AC	Kierie vd Schyff	<a href="#">828 044 803</a>
28-Jul-18	Sat	ASA	SA 21 Champ	21		Port Elizabeth	ASA	Irene v Eeden	-
28-Jul-18	Sat	CNW	Nelson Mandela Run	10\5\2	8:00	Macrovest Ctr Wilkoppies	KMK	Thabo Sepuru	<a href="#">602 523 247</a>
28-Jul-18	Sat	EPA	Nmb 21	21\5	7:00	Summerstrand	EPA	Alan Taylor	<a href="#">836 580 050</a>
28-Jul-18	Sat	LIM	Foskor	21		Namakgale	Foskor A C	SM Makhubedu	<a href="#">609 669 067</a>
28-Jul-18	Sat	WP	Brackenfell Pick 'n Pay	21\10	7:00	Brackenfell primary	Bracknell	DavidCarthy	<a href="#">799 130 618</a>
29-Jul-18	Sun	Bdr	Gulu Trail Challenge	10\4	9:00	Farm 19 Fort Pato Rd Gulu	Nedbank	Nadia Lucouw	<a href="#">780 917 200</a>
<b>29-Jul-18</b>	<b>Sun</b>	<b>CGA</b>	<b>Vosloorus Race</b>	<b>10\5</b>	<b>8:00</b>	<b>Vosloorusstad</b>	<b>Vosloorus</b>	<b>Siphiwe Nhlapho</b>	<b><a href="#">832 488 736</a></b>
29-Jul-18	Sun	KZN	Wasbank 21	21\10	7:30	Sigweje high	Wasbank AC	Sifiso Nzuzo	<a href="#">724 503 481</a>
29-Jul-18	Sun	KZN	Chief Albert Luthuli	10	6:00	Kwa Dukuza CBD	Groutville	Robert Magagula	<a href="#">718 202 197</a>
29-Jul-18	Sun	KZN	Florence Ndlovu Mem.	21	7:00	Impendle Village	Nxamalala	Rethabile Molefe	<a href="#">795 692 798</a>
29-Jul-18	Sun	KZN	Mathews Meyiwa 21	21\10	7:00	Hammarisdale Junction Mall	Hammarisdle	Richard Bhengu	<a href="#">728 805 731</a>
1-Aug-18	Wed	Mpu	Springbok	10\5	19:00	Steelcrest high	Middelburg	Petro Nel	<a href="#">761 477 693</a>
4-Aug-18	Sat	AFS	I B L Sun To Sun 21	21\10	8:00	MmabanastadThaba Nchu	Fast legs	Pretty Booysen	<a href="#">829 459 051</a>
4-Aug-18	Sat	AGN	SPAR Women's Challenge	10\5	14:00	Supersport Park Centurion	AGN	AGN Office	<a href="#">123 274 930</a>
4-Aug-18	Sat	Bdr	Rhino Run 10Km	10	8:00	Ashmel Superspar Berea	Bdr Ath	Gavin De Lange	<a href="#">768 016 888</a>
4-Aug-18	Sat	Bol	PPC Riebeeck Berg RRs	42\21\10\5	7:30	PPC Riebeeck Wes	Swartland	Ilze Vlok	<a href="#">079 5235145</a>
4-Aug-18	Sat	LIM	Exxaro	42\21\10\5	6:00	Lephale	Mogol M C	Wikus Geysler	<a href="#">832 041 073</a>
4-Aug-18	Sat	Mpu	Skukuza C21	21	8:30	Skukuza	Krugerpark	Martie Oosthuizen	<a href="#">767 379 732</a>
4-Aug-18	Sat	SWD	Race Againsts Crime	21\15	8:00	Agri Hall-Herbertsdale	Mossel Bay	Paulus Allart	<a href="#">734 125 440</a>
4-Aug-18	Sat	WP	Daisy Challenge	30\18\5	7:00	Die Keldery Spruitsdrift	Namaqua	Renier v Greunen	<a href="#">272 133 086</a>
5-Aug-18	Sun	Bdr	Amathole Marathon	42	6:00	Stutterheim-King Williams T	Border RR	Alex Kambule	<a href="#">842 024 872</a>
<b>5-Aug-18</b>	<b>Sun</b>	<b>CGA</b>	<b>Pirates RR 10km</b>	<b>10\5</b>	<b>8:00</b>	<b>Pirates Club Greenside</b>	<b>Pirates</b>	<b>Hennie Booysen</b>	<b><a href="#">828 010 924</a></b>
<b>5-Aug-18</b>	<b>Sun</b>	<b>CGA</b>	<b>Pirates RR 10km</b>	<b>10</b>	<b>8:10</b>	<b>Pirates Club Greenside</b>	<b>Pirates</b>	<b>Ainsley Williams</b>	<b><a href="#">832 352 118</a></b>
5-Aug-18	Sun	KZN	Durban Runner Challenge	21\10	6:15	UKZN Glenwood	Durban Run	Zane Ebrahim	<a href="#">823 329 616</a>
5-Aug-18	Sun	KZN	Mtunzini Bush Challenge	16	7:00	Umlalazi Nature Reserve	Mtunzini	Paul Mannix	<a href="#">825 716 559</a>
5-Aug-18	Sun	WP	McKenna & Scott	10\5	7:30	Lower Oval Pinelands	Pinelands	Dion Stevens	<a href="#">827 308 320</a>
9-Aug-18	Thu	AGN	Castle Walk RR	10\5	7:00	Castle Walk Shopping Centre	Fusion Sp	Liesel v Zyl	<a href="#">833 739 818</a>
<b>9-Aug-18</b>	<b>Thu</b>	<b>CGA</b>	<b>Total Sports Womans</b>	<b>10\5</b>	<b>8:00</b>	<b>Mary Fitzgerald Square</b>	<b>Zonkizizwe</b>	<b>Mehlo Hlabangane</b>	<b><a href="#">829 909 470</a></b>
9-Aug-18	Thu	EPA	Diva 10km Run	10\5	7:00	King's Beach Parking	EPA	Irene v Eeden	<a href="#">832 991 775</a>
9-Aug-18	Thu	KZN	Women in Action	10	8:00	Chatsworthstad	Chatsworth	Dees Govender	<a href="#">837 854 333</a>
9-Aug-18	Thu	KZN	KDAC Women's Challenge	15	7:00	Stanger Sports Field	Kwa Dukuza	Yulesha Devnarain	<a href="#">837 082 459</a>
9-Aug-18	Thu	LIM	Maroela to Maroela		8:00	Tennis Club	Phalaborwa	M Rankweteke	<a href="#">845 524 323</a>
9-Aug-18	Thu	SWD	Nedbank Women's Day	10\3	8:00	Klein Karoo Agri Oudtshoorn	Nedbank RC	Thia Landsberg	<a href="#">834 774 780</a>
9-Aug-18	Thu	WP	Totalsports Women's Race	10\5	8:00	Grand Parade Cape Town	Edgemead	Ange du Plessis	<a href="#">829 910 045</a>
11-Aug-18	Sat	AFS	Old Mutual Athletics	42\21\10	7:00	Naval Hill	OM FS	Segametsi Thai	<a href="#">722 184 212</a>
11-Aug-18	Sat	AFS	Awesome Ladies Race	10	7:00	Phuthatjhabastad	Awesome R	Paul Motaung	<a href="#">733 215 442</a>
11-Aug-18	Sat	AGN	Wierie RR	21\10\5	6:30	Wierda Park Centurion	Denel AC	Hannelie Kotze	<a href="#">833 573 212</a>
11-Aug-18	Sat	KZN	The Longest Day	12hrs	7:00	381 Boshoff St Pmb	Collegians	Les Burnard	<a href="#">823 367 244</a>
11-Aug-18	Sat	NWN	Spar 10km Race	10		Tlhabane		Aggy Manyakalle	
11-Aug-18	Sat	WP	Atlantis 21km	21\5	8:00	Westfleur Park Atlantis	Atlantis	Desmond Arendse	<a href="#">843 921 061</a>
12-Aug-18	Sun	Bdr	BCMA 5Km	21\5	7:00	Jan Smutsstad E London	Buffalo C	Vuyokazi Yengile	<a href="#">731 446 755</a>
<b>12-Aug-18</b>	<b>Sun</b>	<b>CGA</b>	<b>Old Eds RR</b>	<b>21\10\5</b>	<b>8:00</b>	<b>Old Eds Sports Grounds</b>	<b>Old Eds</b>	<b>Mark Mohring</b>	<b><a href="#">826 101 147</a></b>
12-Aug-18	Sun	KZN	Savages 21/10km	21\10	6:30	Morningside primary	Savages AC	Robin Honneysett	<a href="#">782 816 981</a>
15-Aug-18	Wed	Mpu	CR Swart race	10\5	19:00	CR Swart Primary Middelburg	Rooies	Theuns Luus	<a href="#">836 308 729</a>
18-Aug-18	Sat	AGN	Romans Pizza	15\5	6:50	Pretoria Boys high	Phobians	Grahame Gertsch	<a href="#">731 717 507</a>
18-Aug-18	Sat	Bdr	Beacon Bay Retail			Beacon Bay Retail Park	Buff's RR	Tracy Mackay	<a href="#">834 406 809</a>
<b>18-Aug-18</b>	<b>Sat</b>	<b>CGA</b>	<b>Clearwater 10&amp;5</b>	<b>10\5</b>	<b>7:00</b>	<b>Clearwater Mall</b>	<b>Panorama</b>	<b>Andrew Young</b>	<b><a href="#">832 369 275</a></b>
18-Aug-18	Sat	EPA	Home & Equity 10km RR	10\5	7:00	Pollok Beach	Body Con	Wim Schroeder	<a href="#">826 547 555</a>
18-Aug-18	Sat	LIM	Hout is Goud	80	6:00	ATKV Klein Kariba	Bela Bela	Erika Kotze	<a href="#">147 366 008</a>
18-Aug-18	Sat	Mpu	Great Train Race	15	7:00	Hillside Stasie	Middelburg	Piet Schoeman	<a href="#">727 910 378</a>
18-Aug-18	Sat	Mpu	Great Train Race	32	7:00	Witbank Trein Stasie	Middelburg	Piet Schoeman	<a href="#">727 910 378</a>
18-Aug-18	Sat	Mpu	Great Train Race	Relay	7:00	Kees Taljaard Stadion	Middelburg	Piet Schoeman	<a href="#">727 910 378</a>
18-Aug-18	Sat	WP	Puffer	80	5:30	Cape Point to V&A	Fish Hoek	Andy Campbell	<a href="#">827 996 785</a>
<b>19-Aug-18</b>	<b>Sun</b>	<b>CGA</b>	<b>Arthro Choice &amp; Icy Hot</b>	<b>21\10\5</b>	<b>7:00</b>	<b>Kyalami Equestrian Centre</b>	<b>Midrand St</b>	<b>Tim Walwyn</b>	<b><a href="#">823 798 245</a></b>
19-Aug-18	Sun	KZN	Maritzburg Spar Women's	10\5	8:00	Maritzburg Oval	Carbineers	Brad Glasspoole	
19-Aug-18	Sun	WP	John Korasie 30km	30	7:00	Navy Sports Simon's Town	Defence	Luqmaan Patientia	<a href="#">828 471 680</a>
22-Aug-18	Wed	LIM	Tzaneen Lifestyle	42\21\12\5	7:00	Lifestyle Centre	Tzaneen	Paul Zaayman	<a href="#">834 604 204</a>
22-Aug-18	Wed	Mpu	Eskom Old Medal Race	10\5	19:00	Eskom Park Witbank	Eskom AC	Paul Bester	<a href="#">829 667 767</a>
25-Aug-18	Sat	AFS	Mediclinic Eskom 10	10\5	19:00	Mediclinic Welkom	Eskom FS	Hilde Du Plessis	<a href="#">724 992 602</a>
25-Aug-18	Sat	AGN	Dawn to Dusk	160\12Hrs		Gerrit Maritz high	Akasia AC	Gerrie Stydom	<a href="#">829 405 453</a>
25-Aug-18	Sat	AGN	SMU 21	21\10\5	7:00	S Makgatho Health Sciences	Tshwane AC	Moses Lengweng	<a href="#">824 264 455</a>
25-Aug-18	Sat	Bol	Tru-Cape Packhouse	21\10\5	7:00	Elgin Grabouw Country Club	Elgin Grab	Petra v Rensburg	<a href="#">827 768 811</a>
25-Aug-18	Sat	EPA	Cottage Mountain Dr.	21	8:00	Prospect Field Rhodes	RWFLAC	Stephen Penney	<a href="#">824 688 384</a>

25-Aug-18	Sat	KZN	Vryheid Meat Masters	15	6:00	Bloemveld Dam Vryheid	Vryheid AC	Sean Roberts	<a href="#">839 800 202</a>
25-Aug-18	Sat	Mpu	Shalom 21	21\10\5	7:00	AJ Swanepoelstad	Shalom	P Ndlangamandla	<a href="#">740 416 591</a>
25-Aug-18	Sat	SWD	Schoemanshoek	21\10	8:00	Schoemanshoek- Oudtshoorn	Nedbank RC	Lampies Lamprecht	<a href="#">726 018 189</a>
25-Aug-18	Sat	WP	Langebaan 21 km	21\10\5	8:00	Club Mykonos Langebaan	Arcelor M	Bossie Boshoff	<a href="#">834 624 400</a>
26-Aug-18	Sun	Bdr	Real Gijimas Kasi 10Km	10\5	7:00	Sisa Dukashestad	Real Gij	Alex Kambule	<a href="#">842 024 872</a>
<b>26-Aug-18</b>	<b>Sun</b>	<b>CGA</b>	<b>Aucor Wanderers 21</b>	<b>21\10\5</b>	<b>7:00</b>	<b>Wanderers Club</b>	<b>Wanderers</b>	<b>Dylan Burgess</b>	<b><a href="#">833 890 681</a></b>
26-Aug-18	Sun	KZN	Mandela Marathon						
26-Aug-18	Sun	WP	Blisters for bread		9:00	Green Point	Top Events	Top Events	<a href="#">215 117 130</a>
26-Aug-18	Sun	WP	Khayelitsha 10km	10\4	7:30	Mandela Parkstad	Khaylitsha	Patience Nkohla	<a href="#">839 467 154</a>
29-Aug-18	Wed	AGN	PvR Dorpsfees Night Race	10\5	18:30	Van Ryneveld kerk	PvRyneveld	Natascha de Jager	<a href="#">716 888 024</a>
29-Aug-18	Wed	Mpu	Kutting Mpumalanga	10\5	19:00	Kees Taljaard Middelburg	Midack	James Faber	<a href="#">824 434 193</a>
1-Sep-18	Sat	AFS	Bultfontein Boertjiefees		15:00	BULTFONTEIN	Harmony	Aletta	<a href="#">739 954 931</a>
1-Sep-18	Sat	AFS	Kronies Lente Wedloop	10	7:00	Kroonheuwel skool	Kroonstad	Santie Crots	<a href="#">836 330 331</a>
1-Sep-18	Sat	AFS	Alan Ferguson Naval Hill	21\10	6:30	Bfn Bowling club Union Av	BFN Ach	Beverley Olivier	<a href="#">718 953 183</a>
1-Sep-18	Sat	AGN	Spirit of Flight	10\5	6:30	Air Force Base Swartkop	PMMC	Jan Esau	<a href="#">713 434 504</a>
1-Sep-18	Sat	Bdr	Stutterheim 15&10	15\10					
1-Sep-18	Sat	Bol	Riebeeck Kasteel RR	21\10\5	7:30	Riebeeck Kasteel	Swartland	Anneke Mouton	<a href="#">824 953 234</a>
1-Sep-18	Sat	Bol	Koggelberg Challenge	21\10\5	7:00	Community Hall Pringle Bay	Hangklip	Sandy Keizerwaard	<a href="#">079 4136610</a>
<b>1-Sep-18</b>	<b>Sat</b>	<b>CGA</b>	<b>Adrienne Hersch Chall</b>	<b>21\10\5</b>	<b>7:00</b>	<b>Randburg Sports Complex</b>	<b>Rand H</b>	<b>Club secretary</b>	<b><a href="#">079 8447156</a></b>
1-Sep-18	Sat	CNW	Nedbank RR	21\10	6:00	Schweizer Reneke	Nedbank	Marius v Heerden	<a href="#">824 877 290</a>
1-Sep-18	Sat	EPA	Despatch Superspar	10\5	7:00	Despatch Superspar	Despatch	Helgard Potgieter	<a href="#">846 065 601</a>
1-Sep-18	Sat	Mpu	MHS Spring Run	21\10\5	7:00	MHS Farm	Middelburg	Piet Schoeman	<a href="#">727 910 378</a>
1-Sep-18	Sat	Mpu	Siyabuswa Spring Run	10\5	7:00	Ga Phahla community hall	Siyabuswa	Jabu Mawisa	<a href="#">820 838 077</a>
1-Sep-18	Sat	NWN	Rustenburg Mountain Race	25\10\2		Rustenburg Kloof		Etienne	<a href="#">832 643 071</a>
1-Sep-18	Sat	SWD	Die naguil	5\3	9:00	Rainbow Motors Oudtshoorn	Nedbank RC	Peterus Le Roux	<a href="#">834 438 824</a>
1-Sep-18	Sat	WP	Tekkie Challenge	10\5	7:30	Jan Kriel School Kuilsriver	NewBalance	Estelle Kock	<a href="#">733 131 668</a>
2-Sep-18	Sun	Bdr	Tony Viljoen Masters 42	42	6:00	N6 - Beacon Bay	Border M	John Oatley	<a href="#">846 195 126</a>
<b>2-Sep-18</b>	<b>Sun</b>	<b>CGA</b>	<b>Awesome Ladies Race</b>	<b>10\5</b>	<b>7:00</b>	<b>Eden Parkstad Tokoza</b>	<b>Awesome R</b>	<b>Bongane Mabuza</b>	<b><a href="#">824 535 437</a></b>
2-Sep-18	Sun	KZN	Capital Climb	15\5	8:00	Voortrekker High	Midlands	Tony Morrison	<a href="#">838 749 502</a>
2-Sep-18	Sun	WP	Satori Camel Run	16	7:30	Noordhoek Sports Field	Satori	Stephen Sharwood	<a href="#">828 220 883</a>
3-Sep-18	Mon	Bdr	Mercedes Benz 15Km	25\15	7:00	Old Selbornian Club	Old Selb	Sharon Eldridge	<a href="#">832 843 781</a>
5-Sep-18	Wed	Mpu	Elkana Night race	10\5	19:00	Elkana Educational Centre	Coaldust	Abie Smit	<a href="#">725 732 501</a>
6-Sep-18	Thu	NWN	Nite Race Rustnbg Golf	10\5\2		Rustenburg Golf Course		Hetta	<a href="#">833 507 839</a>
7-Sep-18	Fri	AFS	Makiti Kontreifees Night	10\5	18:00	Amari Arrarat St Welkom	Virginia	Deon Lodder	<a href="#">829 213 330</a>
7-Sep-18	Fri	SWD	Run with the Stars	10\3	18:00	Glenwood School George	Nedbank RC	Thia Landsberg	<a href="#">834 774 780</a>
8-Sep-18	Sat	AFS	Charity Race	12\4	6:00	CBC	Pentagon P	Chenelle Roux	<a href="#">828 886 672</a>
8-Sep-18	Sat	AFS	Mieliepapfees	21\10	7:00	Mmamahabane Ventersburg	Goudveld	Keith Rhooide	<a href="#">828 829 496</a>
8-Sep-18	Sat	AGN	Addicted to Life	21\10\5	6:30	Voortrekker Monument	Voortreker	Leon Bezuidenhout	<a href="#">123 869 000</a>
8-Sep-18	Sat	EPA	Northern Areas 15km RR	15\5	6:00	Gelvandale Stadium	EPA	Michael Mbambani	<a href="#">791 496 796</a>
8-Sep-18	Sat	KZN	Mpati Mountain Race	15\5	14:00	Dundee Junior School	Biggarsbrg	Ken Vorster	<a href="#">828 218 004</a>
8-Sep-18	Sat	LIM	Hannlie Steyn Memorial	21\10\6	6:30	Pietersburg Ooskool	Polokwane	Corrie Calitz	<a href="#">721 492 674</a>
8-Sep-18	Sat	Mpu	ACK Vorentoe Bethal	21\10\5	8:00	Marietjie v Niekerk Primary	Bethal	Engela vd Merwe	<a href="#">726 722 015</a>
8-Sep-18	Sat	NWN	Mahikeng Run/Walk Half	21\10\5		The Crossing Mall		Keflloe	<a href="#">825 469 306</a>
9-Sep-18	Sun	Bdr	Jumbo Beach to Beach	8	8:00	Osner Hotel	Bdr Ath	Asanda	<a href="#">437 021 900</a>
<b>9-Sep-18</b>	<b>Sun</b>	<b>CGA</b>	<b>Fred Morrison 21</b>	<b>21\10</b>	<b>7:00</b>	<b>Germistonstad East Rand</b>	<b>GCH</b>	<b>Les Black</b>	<b><a href="#">825 527 866</a></b>
9-Sep-18	Sun	KZN	Swift Marathon	42\21\10	6:00	Hulamin Grounds Campsdrift	Hulamin AC	Obert Mpanza	<a href="#">333 956 974</a>
9-Sep-18	Sun	KZN	SAPS St	21\10	6:30	Kings Park Athleticstad	SAPS St	Nicholas Mchunu	<a href="#">835 700 554</a>
9-Sep-18	Sun	LIM	Maroela to Maroela		8:00	Tennis Club	Phalaborwa	M Rankweteke	<a href="#">845 524 323</a>
9-Sep-18	Sun	WP	Ommiedraai 10km	10\5	7:00	Rosmead Sports Fields	Ommiedraai	Walees Samsodien	<a href="#">846 033 155</a>
12-Sep-18	Wed	AGN	Lester Mills Night race	10\5	18:30	stadUniversity of Pta	Tuks AC	Vollie Spies	<a href="#">828 216 962</a>
12-Sep-18	Wed	Mpu	Kanonkop Night race	10\5	19:00	Kanonkop Primary	Middelburg	Theuns Luus	<a href="#">836 308 729</a>
14-Sep-18	Fri	AFS	Berg-En-Daller	10\4	18:00	NG Kerk Berg en Dal	Pentagon P	Theuns Mulder	<a href="#">827 847 491</a>
15-Sep-18	Sat	AFS	Black Joint Pub	10\5	7:00	Indoor Sport Centre	Real Lions	Sam Ditshoane	<a href="#">765 791 442</a>
15-Sep-18	Sat	AFS	Two River Trail Run	16	7:00	Hoërskool Bothaville	Bothaville	Melanie De Bruyn	<a href="#">731 833 487</a>
15-Sep-18	Sat	AGN	Andrew Greyling mem	21\10\5	6:00	Brooklyn Mall	Pretoria	Bert v den Raad	<a href="#">829 226 817</a>
15-Sep-18	Sat	Bol	French Corner ACVV RR	10\5	7:45	Huguenot Monument	Franschoek	Beverley Malan	<a href="#">829 016 966</a>
15-Sep-18	Sat	EPA	Builders Warehouse 42	42\21\10	6:00	Vineyard Church	Achilles	Nick Chapman	<a href="#">823 775 598</a>
15-Sep-18	Sat	KZN	Alan Paton Steam Train	10	8:00	Carrisbrook Station	Genius AC	Themba Gumede	<a href="#">729 488 779</a>
15-Sep-18	Sat	Mpu	Coaldust Memorial Race	10\5	7:00	Elkana Educational Centre	Coaldust	Abie Smit	<a href="#">725 732 501</a>
15-Sep-18	Sat	NWN	Konka Farm & Jeep Track	20\10\5\2		Konka Farm		Hetta	<a href="#">833 507 839</a>
15-Sep-18	Sat	SWD	Madibaz George 21	21	8:00	NMU Campus George	Madibaz	Hugo Loubser	<a href="#">825 751 826</a>
15-Sep-18	Sat	WP	UWC Street mile			TBC			
16-Sep-18	Sun	Bdr	Caltex Sole Destroyer 21	21\9	6:30	Smithfield to Oxford St	Oxford St	Dillon Pretorius	<a href="#">737 996 075</a>
<b>16-Sep-18</b>	<b>Sun</b>	<b>CGA</b>	<b>Gerald Fox Memorial Race</b>	<b>21\10\5</b>	<b>7:00</b>	<b>Johannesburg Zoo</b>	<b>Rocky RR</b>	<b>Saul Levin</b>	<b><a href="#">833 260 848</a></b>
16-Sep-18	Sun	KZN	The Mineshaft	15	6:00	Queensburgh Harriers Club	Queensbrgh	Lucas	<a href="#">833 093 847</a>
16-Sep-18	Sun	LIM	Sanlam Cape Town	42		Cape Town	WPA	Janet Welhan	<a href="#">832 709 601</a>
16-Sep-18	Sun	WP	MSA Multi Sport 10	10\5	6:00	William Herbert groundss	MSA MS	Nasrulla Enus	<a href="#">825 745 323</a>
19-Sep-18	Wed	CNW	Goudkop	10\5\2	18:00	Goudkop Lower Primary	KMK	Andre Pelser	<a href="#">828 752 378</a>
19-Sep-18	Wed	Mpu	Rooies Nite Race	10\5	19:00	Middelburg HTS	Rooies	Theuns Luus	<a href="#">836 308 729</a>
21-Sep-18	Fri	Bdr	Touch a Soul 5K	5	18:00	Oxford St	Oxford St		
21-Sep-18	Fri	KZN	100 Capital Classic	CircuitRace	9:00	Alexandra Park Pmb	Carbineers	John Hall	<a href="#">824 917 679</a>
22-Sep-18	Sat	AFS	Mandela View Heritage	10\5	7:30	Brent Oil Mandela View	Fast legs	Kantoor Nkoane	<a href="#">798 731 706</a>
22-Sep-18	Sat	AGN	Addicted to Life Race	21\10\5	6:00	Tembastad	Add2Life	Thabo Manyane	<a href="#">730 973 141</a>
22-Sep-18	Sat	Bol	Ceres Fruit Juices RR	21\10\5	7:30	Victoria Park Ceres	Ceres AC	Nico Jansen	<a href="#">788 825 299</a>
<b>22-Sep-18</b>	<b>Sat</b>	<b>CGA</b>	<b>Silence Walk</b>	<b>5\2.5</b>	<b>8:30</b>	<b>Zoo Lake Sport Club</b>	<b>Loop n Val</b>	<b>Herbert Makhale</b>	<b><a href="#">725 563 678</a></b>

22-Sep-18	Sat	CNW	Taung Heritage Marathon	42\21\10	6:00	Mmabana Taung	Taung AC	Mapudi	<a href="#">731 753 848</a>
22-Sep-18	Sat	EPA	Colchester 10km	10\5	7:00	Colchester	EPA	Michael Mbambani	<a href="#">791 496 796</a>
22-Sep-18	Sat	KZN	LAC Night Race	21	17:00	Ladysmith AC	Ladysmith	Lincoln Sibiba	<a href="#">793 610 871</a>
22-Sep-18	Sat	LIM	Mokopane Mall	21\10\5	6:00	Mokopane Mall	Folang	Samuel Senwamadi	<a href="#">834 827 183</a>
22-Sep-18	Sat	LIM	Two Countries	42\21\10\5	6:00	Eric Louw High Musina	Soutpansb	Ferreira Nel	<a href="#">827 490 413</a>
22-Sep-18	Sat	Mpu	Boulders	25\10	6:00	Mara Turn Off	Onderberg	Deon Valks	<a href="#">827 880 675</a>
22-Sep-18	Sat	Mpu	Wittenberg Trail Run	20\10	7:00	Wittenberg School	Assegai	Anne Nieuwhuizen	<a href="#">824 402 294</a>
22-Sep-18	Sat	NWN	Kromberg & Schubert	5		Brits high		Vleis	<a href="#">828 546 121</a>
22-Sep-18	Sat	SWD	PetroSA Marathon	42		TBA	ASWD	Soraya de Reuck	<a href="#">448 730 023</a>
22-Sep-18	Sat	WP	CT Marathon Fun Runs etc	22\11	7:30	Cape Town	WildRunner	Wildrunner	<a href="#">218 219 898</a>
23-Sep-18	Sun	AFS	Mangaung Heritage Race	10	7:00	Dr Molemelastad	Mangaung	Sydney London	<a href="#">722 586 902</a>
23-Sep-18	Sun	AGN	Statue to Statue	42	6:00	Union Buildings	Tuks AC	Danie Cornelius	<a href="#">834 177 377</a>
23-Sep-18	Sun	Bdr	Legends 21	21\10	6:00	Orient Beach	Bdr Ath	Meta Scott	<a href="#">437 351 302</a>
23-Sep-18	Sun	Bdr	Legends Ultra Marathon	68\21\10\5	6:00	Bisho - Orient Beach	Bdr Ath	Meta Scott	<a href="#">437 351 302</a>
23-Sep-18	Sun	<b>CGA</b>	<b>FNB Joburg City Run</b>	<b>10</b>	<b>8:00</b>	<b>Mary Fitzgerald Square</b>	<b>Zonkizizwe</b>	<b>Mehlo Hlabangane</b>	<b><a href="#">829 909 470</a></b>
23-Sep-18	Sun	EPA	Nautical 21	21	6:00	Cape St Francis Resort	St Francis	Step Arendt	<a href="#">713 925 530</a>
23-Sep-18	Sun	KZN	Amajuba Marathon	21\10	6:00	Old Monte Vista Casino	Newcastle	Gubevu Bongumusa	<a href="#">727 013 050</a>
23-Sep-18	Sun	KZN	Chesterville 10KM	10	7:00	Chesterville Sports Grounds	Chesterv	A Howard-Davies	<a href="#">823 010 856</a>
23-Sep-18	Sun	LIM	ASA champs	42	6:00	Cape Town	WP Ath	Janet Welham	<a href="#">832 709 601</a>
23-Sep-18	Sun	WP	Cape Town City Marathon	42		Cape Town		Janet Welham	<a href="#">832 709 601</a>
23-Sep-18	Sun	WP	Cape Town Marathon	42\10	7:30	Green Point	WPA	WPA Office	<a href="#">877 008 264</a>
24-Sep-18	Mon	AGN	Bophelong 21	21\10\5	6:00	Bophelong Comm Ctr Mamelodi	Bophelong	Chegofatso Lewele	<a href="#">769 221 333</a>
24-Sep-18	Mon	Mpu	Mkhombo Nature reserve	10\5	7:00	Mkhombo Nature Reserve	Mkombo	P Mnguni	<a href="#">761 973 586</a>
26-Sep-18	Wed	Mpu	SAVF Nite race	10\5	19:00	Eskom Park Witbank	Eskom Club	Paul Bester	<a href="#">829 667 767</a>
28-Sep-18	Fri	LIM	Nkowanwa Nite	10	17:00	Nkowanwastad	Nkowanwowa	Anaki Baloyi	<a href="#">729 989 640</a>
29-Sep-18	Sat	AFS	FS 10k champs	10	7:00	BFN Ach club Horak str	Bfn ach	Gordon v Wyk	<a href="#">833 022 784</a>
29-Sep-18	Sat	AGN	Clover Irene Spring Race	21\10\5	6:00	Irene Village Mall	Irene AC	Race Office	<a href="#">829 512 581</a>
29-Sep-18	Sat	AGN	Nat Business Relay	42\21	6:00	Rietondale Park Pretoria	Magnolia	Event Office	<a href="#">870 970 011</a>
29-Sep-18	Sat	ASA	SA 10km Champs	10		Middleburg		Paul Bester	<a href="#">829 667 767</a>
29-Sep-18	Sat	AVT	Midvaal 21	21\10\5\1.6	6:00	Dr Malan High Meyerton	Vaal AC	Steve Jackson	<a href="#">833 040 121</a>
29-Sep-18	Sat	Bol	Whale 21	21	7:00	HS Hermanus	Whalers AC	Micky Milne	<a href="#">834 467 840</a>
29-Sep-18	Sat	CNW	PG Glass Vlakvark Trial	21\10\5	7:00	Faan Meintjies Reserve	KMK	Carel v Zyl	<a href="#">718 776 608</a>
29-Sep-18	Sat	EPA	Windpomp 21	21\10	7:00	Botanical Gdn G-Reinet	G-Reinet	Rozelle Kohne	<a href="#">761 808 853</a>
29-Sep-18	Sat	LIM	ASA 10km champs	10	6:00	Middelburg	Mpu Ath	Paul Bester	<a href="#">829 667 767</a>
29-Sep-18	Sat	Mpu	Spar Ladies Race	10\5	19:00	Mbombelastad	Nelspruit	Yolanda Steenkamp	<a href="#">846 076 314</a>
29-Sep-18	Sat	SWD	Strawberry festival	9\5	9:00	Redberry Farm	Nedbank RC	Thia Landsberg	
29-Sep-18	Sat	SWD	Laingsburg Running Fest	21\12\5	7:00	JJellis Sport Grounds	Laingsburg	Petro Buys	<a href="#">736 541 652</a>
29-Sep-18	Sat	SWD	Laingsburg Running Fest	80	6:00	JJellis Sport Grounds	Laingsburg	Petro Buys	<a href="#">736 541 652</a>
29-Sep-18	Sat	WP	Goodwood Harriers	10\5	7:00	Tygerdal Goodwood	Goodwood	BobbyGee	<a href="#">813 548 286</a>
30-Sep-18	Sun	<b>CGA</b>	<b>Rainbow 21</b>	<b>21\10\5</b>	<b>7:00</b>	<b>Barnardstad Kempton</b>	<b>Rainbow AC</b>	<b>John Mngadi</b>	<b><a href="#">833 209 331</a></b>
30-Sep-18	Sun	<b>CGA</b>	<b>Easy Equities/Born2Run</b>	<b>21\5</b>	<b>7:00</b>	<b>St Stithians Sandton</b>	<b>Born2Run</b>	<b>David Coetzee</b>	<b><a href="#">826 346 986</a></b>
30-Sep-18	Sun	KZN	Township - Township 42	42\21	5:30	King Zwelinistad	Umlazi etc	Sihle Shange	<a href="#">734 709 842</a>
30-Sep-18	Sun	KZN	Mtubatuba Challenge	21	8:00	Mtubatuba Rugby Stadium	Umfolozu	Gabriel Myeni	<a href="#">810 180 491</a>
3-Oct-18	Wed	AFS	Eskom AC Fs Series	5	7:00	WELKOM	Eskom FS	Hilde Du Plessis	<a href="#">724 992 602</a>
3-Oct-18	Wed	Mpu	Maximed Nite race	10\5	19:00	Standerton Show Grounds	Standerton	Heidi vd Merwe	<a href="#">723 910 788</a>
3-Oct-18	Wed	WP	Stor-Age Bakgat 10	10	18:15	Zone Fitness Bellville	Bellville	Mike Strohman	<a href="#">824 912 854</a>
5-Oct-18	Fri	AFS	Eskom AC Fs Series	5	7:00	WELKOM	Eskom FS	Hilde Du Plessis	<a href="#">724 992 602</a>
6-Oct-18	Sat	AFS	Leon Botha Brandwag Mem	4	10:00	Tempe Stadion	Kovsie AC	Rufus Botha	<a href="#">791 750 023</a>
6-Oct-18	Sat	AFS	Golden Gate	10	7:00	Golden gate	Maluit MS	S v Huyssteen	<a href="#">725 634 131</a>
6-Oct-18	Sat	AFS	Dream Team RR	21\10	6:00	Corr Services Training Coll	Dream Team	Abel Lekgari	<a href="#">834 851 408</a>
6-Oct-18	Sat	AGN	Capital Classic	21\10\5	6:00	Pretoria old boys Lynwood	Phobians	D Kavallineas	<a href="#">827 733 603</a>
6-Oct-18	Sat	AVT	Lite2Nite 12 Hr Circuit	80+	6:00	Driehoek high Vdbp	A Mittal	Malie vd Walt	<a href="#">828 539 144</a>
6-Oct-18	Sat	Bdr	Walk of Mercy 5Km	5	7:00	Astro Park	Bdr Ath	Berenice Timothy	<a href="#">832 751 782</a>
6-Oct-18	Sat	Bol	Paarlberg Mountain Race	21\10	7:00	Coutra primary	Paarl AC	Brendan d Plessis	<a href="#">761 877 260</a>
6-Oct-18	Sat	EPA	Kowie St	27\10	7:00	Big Pineapple Bathurst	Kowie St	Sticks Stiglingh	<a href="#">716 127 339</a>
6-Oct-18	Sat	Mpu	Lake Umuzi Sports Fest	21\10	7:00	Lake Umuzi	Sasol MC	July Mavuso	<a href="#">828 021 352</a>
6-Oct-18	Sat	Mpu	God's Window 2-in-1	21\10\5	7:00	Graskop Caravan Park	Legogote	Andre Vianello	<a href="#">845 168 374</a>
6-Oct-18	Sat	NWN	Lichtenburg Zebra Zambra	32\10\5		Lichtenburg Boat Club		Dave	<a href="#">833 112 962</a>
6-Oct-18	Sat	SWD	Hartenbos Spar	15\4	7:00	Hartenbos Library	Hartenbos	Ernest Viviers	<a href="#">795 210 713</a>
6-Oct-18	Sat	WP	Cape Gate 10	21\10\5	6:30	Cape Gate Brackenfell	Nedbank	Robbie Lindsay	<a href="#">822 033 593</a>
7-Oct-18	Sun	<b>CGA</b>	<b>Spar Ladies Race</b>	<b>10\5</b>	<b>8:00</b>	<b>Marks Park Emmerentia</b>	<b>CGA</b>	<b>Hank Bezuidenhout</b>	<b><a href="#">832 560 241</a></b>
7-Oct-18	Sun	KZN	Duke of York	16	7:00	Bishopstowe Hall Pmb	Collegians	Les Burnard	<a href="#">823 367 244</a>
7-Oct-18	Sun	LIM	Dept of Sport Art cult		7:00	Peter Mokabastad	Lim Ath	Roelf Coetzee	<a href="#">826 763 350</a>
7-Oct-18	Sun	SWD	Robberg Xpress Trail	10	8:30	Robberg Reserve Plett	Plett AC	Heather Kennedy	<a href="#">832 523 250</a>
7-Oct-18	Sun	WP	K-Way Grape Run	21\14	6:30	Alphen Hall Constantia	VOB	C Kettlewell	<a href="#">217 618 887</a>
10-Oct-18	Wed	AFS	Berg-Op-Berg-Af	21\10	18:00	Bloemfontein Rolbalklub	Pentagon P	Mc Brink	<a href="#">827 758 196</a>
10-Oct-18	Wed	AGN	Corrl Services 10km Nite	10\5	18:30	Kgosi Mampuru II grounds	Corr Ser	M Ntshahi	<a href="#">836 508 038</a>
10-Oct-18	Wed	Bdr	Cool Summer Run2,5,10	10\5\2	10:00	Silver Seed Farm	Bdr Ath	Brad Taberer	<a href="#">837 404 689</a>
10-Oct-18	Wed	Bol	Moore Stephens Night Run	10\5	18:30	Stellenbosch high	Stellenb	Erik Eloff	<a href="#">837 922 643</a>
10-Oct-18	Wed	Mpu	Waypoint Night Race	10\5	19:00	Sasol Recreation Club	Secunda MK	Wynand	<a href="#">718 584 228</a>
10-Oct-18	Wed	WP	Silver Queen	10	18:15	Air Force Base Ysterplaat	Defence	Gail Jacobs	<a href="#">834 610 741</a>
11-Oct-18	Thu	CNW	Matlosana Mall Night	10\5\2	18:00	Matlosana Mall	KMK	Jasper v Zyl	<a href="#">832 904 743</a>
12-Oct-18	Fri	AFS	Kovsie 10km	10\4	18:00		Kovsie AC	Kesa Molotsane	<a href="#">791 750 023</a>
12-Oct-18	Fri	Bol	Voet van Afrika Fun Run	4	18:00	Mega Park Bredasdorp	Boland Ath	Frans Botha	<a href="#">826 751 311</a>
13-Oct-18	Sat	AGN	SABS Jacaranda City	42\21\10\5	5:45	SABS Grounds Groenkloof	Agape	Marieta Bortoll	<a href="#">824 667 031</a>
13-Oct-18	Sat	Bol	Voet van Afrika Marathon	42\21\10	6:00	Mega Park Bredasdorp	Boland Ath	Frans Botha	<a href="#">826 751 311</a>



13-Oct-18	Sat	EPA	Buco Build Run	10\5	6:30	Buco Walker Dr Sherwood	PEAAC	Kevin Benade	<a href="#">794 900 427</a>
13-Oct-18	Sat	LIM	Foskor Open Pit			Phalaborwa	Foskor A C	SM Makhubedu	<a href="#">609 669 067</a>
13-Oct-18	Sat	Mpu	Embalenhle 2 in 1	21\10\5	6:00	Skhosi Life Style Centre	Sasol Mk	July Mavuso	<a href="#">828 882 352</a>
13-Oct-18	Sat	SWD	Meiringspoort trail	12	7:00	Meiringspoort-De Rust	De Rust St	Hannerie Delpoort	<a href="#">761 307 920</a>
13-Oct-18	Sat	SWD	Meiringspoort 21.1km	21	7:15	Meiringspoort-De Rust	De Rust St	Hannerie Delpoort	<a href="#">761 307 920</a>
<b>14-Oct-18</b>	<b>Sun</b>	<b>CGA</b>	<b>Burger &amp; Co Race</b>	<b>15\5</b>	<b>6:00</b>	<b>Boksburg Citystad</b>	<b>Boksburg</b>	<b>Lauren Dance</b>	<a href="#">119 173 721</a>
14-Oct-18	Sun	KZN	KZN 10km Challenge	10	7:00	TBC	KZNA	KZNA	<a href="#">313 129 374</a>
14-Oct-18	Sun	WP	Gun Run 21 km	21\10\5	6:30	Sea Point Promenade	Atlantic	Tony Breslin	<a href="#">828 882 307</a>
17-Oct-18	Wed	AFS	Eduplus Pre Prim Night	10	17:30	Eduplus Langenhoven	BFN Ach	Y Greyvenstein	<a href="#">794 968 445</a>
17-Oct-18	Wed	CNW	Supa Quick Nite Race	10\5	7:00	Supa Quick Potchefstroom	BertsBrick	Zelma Olivier	<a href="#">721 248 115</a>
17-Oct-18	Wed	Mpu	Hans Storm Memorial	10\5	18:00	JJ vd Merwe skoolErmelo	Ermelo	Engela v Zyl	<a href="#">824 911 681</a>
17-Oct-18	Wed	WP	Team Time Trail 4x3	43	18:15	Green Point Cricket Club	ATC Run	Gert Wilkins	<a href="#">792 910 127</a>
20-Oct-18	Sat	AFS	Charity Run	12\4	6:00	CBC	Pentagon P	Chenell Roux	<a href="#">828 886 672</a>
20-Oct-18	Sat	AFS	Cansa Breast Awareness	5	7:30	BFN ACHILLES	BFN Ach	Adel Wiid	<a href="#">828 964 366</a>
20-Oct-18	Sat	AFS	Harrismith Mntain Trail	30	8:00	Harrismith primary	Harrismith	Barbara vd Hoven	<a href="#">845 702 544</a>
20-Oct-18	Sat	AFS	Harrismith Mountain Race	15	10:00	Harrismith primary	Harrismith	Barbara vd Hoven	<a href="#">845 702 544</a>
20-Oct-18	Sat	AGN	CSIR RR	21\15\10\5	6:00	CSIR Main Camput	CSIR RC	Tebogo Gumede	<a href="#">795 288 410</a>
20-Oct-18	Sat	Bol	Botrivier Challenge	21\10\5	7:00	Historic Botrivier Station	Elgin Grab	Wilfred - Anthony	<a href="#">218 512 295</a>
20-Oct-18	Sat	EPA	White Cane 10km RR	10\5	7:00	Boardwalk Casino	Walmer A C	Loynes Jenkerson	<a href="#">826 446 422</a>
20-Oct-18	Sat	LIM	Royal Crown	15\10\5	6:00	Lulekanistad	Wamatha	Paul Nkhwashu	<a href="#">822 549 554</a>
20-Oct-18	Sat	Mpu	Mall To Mall	10	7:00	Middelburg Mall	Middelburg	Piet Schoeman	<a href="#">727 910 378</a>
20-Oct-18	Sat	Mpu	Moral Regeneration	42\21\10	5:30	Mpumalanga University	Hazyview	Victoria	<a href="#">824 567 531</a>
20-Oct-18	Sat	WP	West Coast 21	21\5	6:00	Eden on the Bay Big Bay	West Coast	Lizelle Meyer	<a href="#">845 813 713</a>
21-Oct-18	Sun	AFS	Free State OR Tambo 42	42\21\10	6:00	Horak St Bloemfontein	AFS FSSC	Kagisho Moecca	<a href="#">828 504 499</a>
21-Oct-18	Sun	Bdr	The Trevor Gee 5Km	10\5	6:30	Beacon Bay Country Club	EastLondon	Graham Reynolds	<a href="#">824 480 727</a>
<b>21-Oct-18</b>	<b>Sun</b>	<b>CGA</b>	<b>Diepkloof 21</b>	<b>21\10\5</b>	<b>6:30</b>	<b>Footballstad Klipspruit</b>	<b>Diepkloof</b>	<b>Ismael Mudutoane</b>	<a href="#">833 383 111</a>
21-Oct-18	Sun	KZN	Merewent 10km	10	7:00	Dhubri Rd Sports Ground	Merewent	Pat Pather	<a href="#">734 955 521</a>
21-Oct-18	Sun	KZN	Ulundi 21	21\10\5	6:00	Ulundi Regionalstad	Siyathu	S Nkabinde	<a href="#">786 319 171</a>
21-Oct-18	Sun	WP	ARD 3 Vlei 10km	10\5	7:00	Fairmount High Grassy Park	ARD	Zaid Orrie	<a href="#">833 767 392</a>
24-Oct-18	Wed	AFS	DRC Pellissier	10\4\2	18:00	Vlakfontein Av	BMAC	Jurina Immelman	<a href="#">824 110 107</a>
24-Oct-18	Wed	CNW	Gereformeerde Kerk Night	10\5\2	18:00	Gereformeerde Kerk	KMK	Andre Pelser	<a href="#">828 752 378</a>
24-Oct-18	Wed	SWD	Grant ThorntonRelay		18:00	Cotzee Pharmacy George	Nedbank RC	Danie Rauenheimer	<a href="#">833 767 414</a>
26-Oct-18	Fri	AFS	Heuwelsigkruin Night	10	17:45	NG CHURCH HEUWELSIG	BFN Ach	Tba	
27-Oct-18	Sat	AFS	Omnia Athletics	10	7:00	Vaalparkkasolburg	Omnia AC	Teboho Radebe	<a href="#">732 678 939</a>
27-Oct-18	Sat	AFS	Awesome Ladies Race	10	7:00	Phuthatjhabastad	Awesome R	Paul Motaung	<a href="#">733 215 442</a>
27-Oct-18	Sat	AGN	King Price Irene Farm	21\10\5	6:00	Agri Research Council Irene	Irene AC	Race Office	<a href="#">829 512 581</a>
27-Oct-18	Sat	AVT	AkzoNobel	32\21\10\5	6:00	Riverside BoulMall Vdbp	A Mittal	Malie vd Walt	<a href="#">828 539 144</a>
27-Oct-18	Sat	Bdr	Halloween Night Run/Walk		19:00	Chamberlain Centre Berea	Old Selb	Sharon Eldridge	<a href="#">832 843 781</a>
27-Oct-18	Sat	LIM	Run 4 Cancer	48\32\21\10\5	6:00	Polokwane	RWFLAC	Kobie Marais	<a href="#">825 615 429</a>
27-Oct-18	Sat	Mpu	Ehlanzeni Sports Tourism	21\10\4	6:30	Mbombelastad	LVCC	Beth	<a href="#">798 813 582</a>
27-Oct-18	Sat	Mpu	Coaldust Circuit Race	10\5	6:00	Elkana Educational Centre	Coaldust	Abie Smit	<a href="#">725 732 501</a>
27-Oct-18	Sat	SWD	The Farm run	21\10	8:00	4 Brothers Potato George	Nedbank RC	Thia Landsberg	<a href="#">834 774 780</a>
27-Oct-18	Sat	WP	Elsies River 10	10\5	6:45	Salberau Sports Elsiesriver	Elsies R	Bertram Windvogel	<a href="#">823 987 148</a>
28-Oct-18	Sun	Bdr	Mdantsane 10Km	10			Mdantsane	Monica Lahle	<a href="#">767 172 106</a>
<b>28-Oct-18</b>	<b>Sun</b>	<b>CGA</b>	<b>Tembisa Mile &amp; 10</b>	<b>10\1.6</b>	<b>7:00</b>	<b>Moses Molelekwa Tembisa</b>	<b>Tembisa AC</b>	<b>Donald Mathipa</b>	<a href="#">835 549 912</a>
28-Oct-18	Sun	EPA	1 City Relay & Marathon	42	6:00	Uitenhage To Pe City Hall	EPA	Michael Mbambani	<a href="#">791 496 796</a>
28-Oct-18	Sun	KZN	Sapphire Coast 21	21	6:00	Ilfracombe	Toti AC	Alan Payne	<a href="#">834 634 533</a>
28-Oct-18	Sun	KZN	Sapphire Coast 42	42	6:00	Scottburgh	Toti AC	Alan Payne	<a href="#">834 634 533</a>
28-Oct-18	Sun	WP	Chappies Challeng	21\10	6:30	Hout Bay Yacht Club	Hout Bay	Rob Graham	<a href="#">828 249 124</a>
30-Oct-18	Tue	AFS	OR Tambo Games RR	10	8:00	TBC	Real Lions	Sam Ditshoane	<a href="#">765 791 442</a>
<b>31-Oct-18</b>	<b>Wed</b>	<b>CGA</b>	<b>Rowlin National Nite</b>	<b>15\10\5</b>	<b>19:00</b>	<b>Benoni Northerns Sports</b>	<b>BNAC</b>	<b>Jan Jordaan</b>	<a href="#">828 000 762</a>
2-Nov-18	Fri	AFS	Engo/Parent & Child Run	10\5\1	18:00	Clock Tower Welkom	Goudveld	Laura v Wyk	<a href="#">814 592 297</a>
3-Nov-18	Sat	AFS	Summer Race	15	6:00	DP de Villiers Sasolburg	SasolburgA	Dolf Binneman	<a href="#">733 396 809</a>
3-Nov-18	Sat	AGN	Oppie Bol Disability	21\10\5	6:00	Toutrek Park	Oppie Bol	Cazle Hendricks	<a href="#">828 182 956</a>
3-Nov-18	Sat	Bdr	Twizza Bonkola Marathon	42\21	5:30	Bonkola Dam Queenstown	Queenstown	Theo Ferreira	<a href="#">828 734 597</a>
3-Nov-18	Sat	Bol	Schools Challenge	5	7:15	Dwarsrivier Sports Pniel	Dwarsriver	Ralph Jacobs	<a href="#">835 861 168</a>
3-Nov-18	Sat	Bol	DwarsRiver Orchard Run	21\10	6:45	Dwarsrivier Sports Pniel	Dwarsriver	Ralph Jacobs	<a href="#">835 861 168</a>
3-Nov-18	Sat	EPA	Kirkwood Orchard Run	21\10\5	7:00	Kirkwood	BluewaterB	Conroy Notley	<a href="#">833 078 818</a>
3-Nov-18	Sat	Mpu	Kaapsehoop 3 in 1	42\21\10	5:30	Kaapsehoop -Mbombela stad	Nelspruit	Yolanda Steenkamp	<a href="#">846 076 314</a>
3-Nov-18	Sat	WP	West Coast (TBHS)	10\5	7:00	Table View high	West Coast	Lizelle Meyer	<a href="#">845 813 713</a>
<b>4-Nov-18</b>	<b>Sun</b>	<b>CGA</b>	<b>Old Mutual Soweto 42</b>	<b>42</b>		<b>Soweto</b>		<b>Danny Blumberg</b>	<a href="#">823 371 789</a>
<b>4-Nov-18</b>	<b>Sun</b>	<b>CGA</b>	<b>Soweto Marathon</b>	<b>42</b>	<b>6:00</b>	<b>FNBstad</b>	<b>Soweto Mar</b>	<b>Sello Khunou</b>	<a href="#">826 836 530</a>
<b>4-Nov-18</b>	<b>Sun</b>	<b>CGA</b>	<b>Soweto Marathon</b>	<b>21</b>	<b>6:30</b>	<b>FNBstad</b>	<b>Soweto Mar</b>	<b>Sello Khunou</b>	<a href="#">826 836 530</a>
<b>4-Nov-18</b>	<b>Sun</b>	<b>CGA</b>	<b>Soweto Marathon</b>	<b>10</b>	<b>7:00</b>	<b>FNBstad</b>	<b>Soweto Mar</b>	<b>Sello Khunou</b>	<a href="#">826 836 530</a>
4-Nov-18	Sun	KZN	PVAC 21	21\10	6:00	Mt Edgcombe Sports Grounds	Phoenix	Danny Chetty	<a href="#">824 544 073</a>
4-Nov-18	Sun	WP	The Landmarks 21	21\6	6:00	Keurboom Rd Rondebosch	WPCC	Ted Vickery	<a href="#">761 957 289</a>
7-Nov-18	Wed	Mpu	Sasol Secunda Night race	10\5	19:00	Sasol Recreation club	Sasol Mk	A Sibanyoni	<a href="#">823 329 448</a>
7-Nov-18	Wed	SWD	Spur to Spur 10km	10	18:00	Garden Route Mall	Outeniqua	Deon de Jager	<a href="#">834 534 781</a>
10-Nov-18	Sat	AFS	SCI Marathon	42\21\12	5:30	BFN ACHILLES	BFN Ach	Beverly Olivier	<a href="#">718 953 183</a>
10-Nov-18	Sat	AFS	NG Kerk Wesselsbron 21	21	6:30	NG Kerk Wesselsbron	Bothaville	Melanie De Bruyn	<a href="#">731 833 487</a>
10-Nov-18	Sat	AGN	Mamelodi Adventure Race	21\10\5	6:00		Mamelodi	Pat Mathonzi	<a href="#">833 211 568</a>
10-Nov-18	Sat	EPA	Motherwell A C	10\5	6:00	King's Beach Parking	Motherwell	Mpumi Ndlumbini	<a href="#">731 517 714</a>
10-Nov-18	Sat	Mpu	November Funny	21\10\5	7:00	Kees TaljaardtMiddelburg	Rooies	Theuns Luus	<a href="#">836 308 729</a>
10-Nov-18	Sat	SWD	Knysna Waterfront	21\10\5	7:00	Knysna Waterfront	Knysna MC	Gavin Bezuienhout	<a href="#">835 027 935</a>
10-Nov-18	Sat	WP	Edgemead 10	10\5	6:30	Edgemead high	Edgemead	Stephen Roux	<a href="#">824 330 230</a>

10-Nov-18	Sat	WP	Winelands Marathon	42/21\5	5:30	Eikestad Prim Stellenbosch	Helderberg	TBC	
11-Nov-18	Sun	Bdr	Lightning Fast 10Km	10	7:00	Voortrekker Rd - Beach Rd	Oxford St	Dillon Pretorius	<a href="#">737 996 075</a>
<b>11-Nov-18</b>	<b>Sun</b>	<b>CGA</b>	<b>Soweto Big Race</b>	<b>5\2.5</b>	<b>7:30</b>	<b>Elkhabstad</b>	<b>Loop n Val</b>	<b>Hertbert Makhane</b>	<b><a href="#">725 563 678</a></b>
11-Nov-18	Sun	KZN	Save Orion Race	21\10	5:30	362 Victoria St Pmb	Save Orion	Ajith Deena	<a href="#">836 592 732</a>
11-Nov-18	Sun	KZN	Oldies 10km	10	6:00	Crusaders Sports Club	DHS O Boys	Justin Hand	<a href="#">845 995 991</a>
17-Nov-18	Sat	AFS	Cherry Race Walkers	23	6:30	Ficksburg P/S	Ficksburg	A. Fourie	<a href="#">738 086 189</a>
17-Nov-18	Sat	AGN	Tom Jenkins Run/Walk	21\10\5	7:00	Union Buildings	Arcadia	James Matsheka	<a href="#">825 661 595</a>
17-Nov-18	Sat	Bdr	Gonubie Coastal Chall	21\10	6:00	Gonubie Sports Club	Gonubie H	Marilene v Biljon	<a href="#">720 562 374</a>
17-Nov-18	Sat	Bol	Klaas Maffia Memorial RR	15\5	7:00	Hugenot Mon Franschoek	Franschoek	Nolan Hendon	<a href="#">727 856 529</a>
17-Nov-18	Sat	EPA	Vukani 15km RR	15\5	6:00	Chevrolet Stad New Brighton	Vukani M S	Wonga Mfula	<a href="#">833 254 870</a>
17-Nov-18	Sat	KZN	Indentured 1860 Chall	10	18:30	Blue Lagoon Durban	Verulam AC	Anand Naicker	<a href="#">837 836 363</a>
17-Nov-18	Sat	LIM	World Diabetes	15\10\5	7:00	Mahwelelangstad	Folang	Samuel Senwamadi	<a href="#">834 827 183</a>
18-Nov-18	Sun	KZN	Bluff Athletics Race	42\21\15	5:00	Smith Drive Bluff	Bluff AC	Dennis Houston	<a href="#">761 863 920</a>
18-Nov-18	Sun	KZN	Greater Edendale Race	10	7:30	FNB Wadleystad Edendale	CMA	N Mdlatshe	<a href="#">739 983 316</a>
24-Nov-18	Sat	AGN	Muller Potgieter Mem	21\10\5	6:00	Thaba Tshwane Sportsgrounds	f	Leon Bezuidenhout	<a href="#">123 869 000</a>
24-Nov-18	Sat	Bdr	Kapaailand Half	42	7:00	Maclear	Ugie AC	Christiaan Kotze	<a href="#">845 121 808</a>
24-Nov-18	Sat	Bdr	Hamiltons 10Km	10\5	6:00	Hamiltons Club	Hamiltons	Bronck Urban	<a href="#">825 770 932</a>
24-Nov-18	Sat	Bdr	Berlin November Fun Run			Berlin Race Course		Meta Scott	<a href="#">814 874 984</a>
24-Nov-18	Sat	Bdr	Eyesekeasi 12Km	12\6		Thobi Kulastad Komani	Lukhanji	Sabelo Jayiya	
24-Nov-18	Sat	EPA	Nmbm Carnival Run	10\5	7:00	Uitenhage Town Hall	EPA	Michael Mbambani	<a href="#">791 496 796</a>
24-Nov-18	Sat	KZN	Sani Stagger	42\21	6:00	Sani Pass Hotel	Sani AC	Matt Goode	<a href="#">729 073 818</a>
24-Nov-18	Sat	Mpu	Elandskloof Challenge	21\10\5	7:00	Elandskloof trout farm	Middelburg	Piet Schoeman	<a href="#">727 910 378</a>
24-Nov-18	Sat	Mpu	KMI Trial Run	21\10\5	6:00	KMI International Airport	Nelspruit	Yolanda Steenkamp	<a href="#">846 076 314</a>
24-Nov-18	Sat	SWD	Vlakte Marathon	42\21\10	5:00	Heidelberg High	Langeberg	Nico Steyn	<a href="#">832 263 091</a>
24-Nov-18	Sat	WP	Mitchells Plain 21 km	21\10\5	6:00	Rocklands Mitchell's Plain	Mitchells	Shane Murray	<a href="#">718 709 148</a>
25-Nov-18	Sun	Bdr	Daily Dispatch Fun Run	8\4	9:00	Orient Pools	EL Pacers	Sharonne Dewing	<a href="#">833 183 853</a>
<b>25-Nov-18</b>	<b>Sun</b>	<b>CGA</b>	<b>Asics 5km dash</b>	<b>5</b>	<b>6:30</b>	<b>Old Parktonians</b>	<b>RAC</b>	<b>Vreni Welch</b>	<b><a href="#">114 428 256</a></b>
<b>25-Nov-18</b>	<b>Sun</b>	<b>CGA</b>	<b>RAC City Lodge Tough One</b>	<b>32</b>	<b>6:00</b>	<b>Old Parktonians</b>	<b>RAC</b>	<b>Vreni Welch</b>	<b><a href="#">114 428 256</a></b>
25-Nov-18	Sun	KZN	Hope Challenge	21\10	6:00	Curries Fountain	Ethekwini	Ndokenhle Zulu	<a href="#">722 218 784</a>
25-Nov-18	Sun	LIM	6 / 15km	15\6	6:30	Nkowankowastad	Nkowankowa	Anaki Baloyi	<a href="#">729 989 640</a>
28-Nov-18	Wed	WP	Niel Joubert Plaswed	13	18:15	Klein Simonsvlei Klappmuts	Sanlam	Robert Keynel	<a href="#">824 740 399</a>
30-Nov-18	Fri	AFS	Harmony St Night	10\5	18:30	Griffonsstad Welkom	Virginia	Deon Lodder	<a href="#">829 213 330</a>
1-Dec-18	Sat	AGN	Nissan Live Running	21\10\5	6:00	Silverton	Team Adv	Peter Mokhare	<a href="#">829 681 150</a>
1-Dec-18	Sat	EPA	PE City Marathon	42\10	5:00	Ng Kerk Marne Avenue	Crusaders	Shaun Roberts	<a href="#">827 111 341</a>
1-Dec-18	Sat	LIM	Mapungubwe	21\10\5	7:30	Old Peter Mokaba	RWFLAC	Kobie Marais	<a href="#">825 615 429</a>
1-Dec-18	Sat	SWD	Ernst Louw Memorial	10\3	7:00	Hartenbos Club Diaz Beach	Hatenbos	Wouter Pretorius	<a href="#">833 099 971</a>
1-Dec-18	Sat	WP	Koeberg 15 km	15\5	7:00	Koeberg Nature Reserve	Eskom	Kaylene v Dyk	<a href="#">825 092 967</a>
2-Dec-18	Sun	Bdr	OMAC 42km & 5 km	42\5		new event			
<b>2-Dec-18</b>	<b>Sun</b>	<b>CGA</b>	<b>World Aids Day Race</b>	<b>21\10\5</b>	<b>6:30</b>	<b>Katlehong Sports Centre</b>	<b>Soul City</b>	<b>Arnold Ravhutulu</b>	<b><a href="#">791 354 566</a></b>
2-Dec-18	Sun	KZN	BMG Stainbank Cup	15\10	6:00	Yellowwood Park Sports Club	Ywpark AC	Fred Schoon	<a href="#">833 844 053</a>
2-Dec-18	Sun	WP	TelkomAC 10	10\5	7:00	CPUT Campus Bellville	Telkom	L Samuels	<a href="#">813 189 310</a>
5-Dec-18	Wed	Bol	Taalmonument Night Race	10	18:30	Paarl Taalmonument	Paarl AC	Brendan d Plessis	<a href="#">761 877 260</a>
5-Dec-18	Wed	SWD	Love Life Run	10\3	18:00	Blue Olive Rest Wilderness	Cape NS	Gerrit du Toit	<a href="#">722 827 995</a>
5-Dec-18	Wed	WP	Metropolitan 10	10	18:30	Parc Du Cap Bellville	Metropol.	Malcolm Haye	<a href="#">219 402 560</a>
8-Dec-18	Sat	AFS	Xolile Yawa RR	5	8:30	Lerato Creche Bainsvlei	Fast legs	Kantoor Nkoane	<a href="#">798 731 706</a>
8-Dec-18	Sat	AGN	Skosana RR	10\5	6:30	Kgosi Mampuru Prison Pta	Nedbank RC	Enoch Skosana	<a href="#">828 258 001</a>
8-Dec-18	Sat	Bdr	Hogsback Trail Run		8:00	Hogsback	Old Selb	Sharon Eldridge	<a href="#">832 843 781</a>
8-Dec-18	Sat	Bol	Prison To Prison	42\21\5	5:30	Brandvlei Correctional Ctr	Corr Ser	Kosie Botha	<a href="#">839 913 915</a>
8-Dec-18	Sat	EPA	Baywest 10km RR	10\5	<b>6:00</b>	Baywest	Charlo A C	Eusentha Pillay	<a href="#">846 650 910</a>
8-Dec-18	Sat	SWD	Palm Tyres 21	21\10	7:00	ronside St George	Outeniqua	Deon de Jager	<a href="#">834 534 781</a>
8-Dec-18	Sat	WP	AVBOB 15 km	15	6:00	Pick 'n PayTable View	Tygerberg	Leon Thelander	<a href="#">839 996 450</a>
<b>9-Dec-18</b>	<b>Sun</b>	<b>CGA</b>	<b>Orlando 21</b>	<b>21\10\5</b>	<b>6:00</b>	<b>Orlando Rugby Ground</b>	<b>Orlando AC</b>	<b>Sibongile Maruta</b>	<b><a href="#">784 450 249</a></b>
9-Dec-18	Sun	KZN	Illovo Sugar 15km	15	6:00	Westville AC	Westville	Sharon Schubach	<a href="#">824 141 783</a>
9-Dec-18	Sun	WP	Bottelary 21	21\10\5		TBC			
12-Dec-18	Wed	SWD	Steeple to Steeple	10	8:00	Kerk Moedergemeente George	Outeniqua	Deon de Jager	<a href="#">834 534 781</a>
15-Dec-18	Sat	AGN	The Wonderful Run	21\10\5	6:00	The Forum Akasia	Wonderpark	Mojalefa Mohoto	<a href="#">716 058 812</a>
15-Dec-18	Sat	Bdr	Jingle Bells Fun Run		8:00	Gonubie Sports Club	Gonubie H	Marilene v Biljon	<a href="#">720 562 374</a>
15-Dec-18	Sat	EPA	Jeffreys Bay	10\5	7:00	Drommedaris Jeffreys	Kouga MS	Ben Joubert	<a href="#">834 586 989</a>
15-Dec-18	Sat	LIM	Senwabarwana		6:00	Sweethome Village	Senwabarw	L P Ledwaba	<a href="#">723 906 644</a>
15-Dec-18	Sat	LIM	MmActive	42\21	7:00	Tohoyandostad	Vhembe A C	Andrew Mavnhah	
15-Dec-18	Sat	NWN	ANWN 10& 5 champs	10\5		Olympia Parkstad		ANWN	
15-Dec-18	Sat	SWD	Knysna Nite Race	10\5	18:00	Knysna MChouse	Knysna MC	Gavin Bezuidnhout	<a href="#">835 027 935</a>
15-Dec-18	Sat	SWD	Somerson	21\10	6:00	Diaz Beach Mossel Bay	Mossel Bay	Paulus Allart	<a href="#">734 125 440</a>
15-Dec-18	Sat	WP	Velocity	21\10\5	5:30	Silverstroomstrand	Velocity	Mario Philander	<a href="#">722 541 880</a>
<b>16-Dec-18</b>	<b>Sun</b>	<b>CGA</b>	<b>Reconciliation Race</b>	<b>10\5</b>	<b>7:00</b>	<b>Vosloorustad</b>	<b>Gauteng St</b>	<b>Boyce Joko</b>	<b><a href="#">716 821 775</a></b>
<b>16-Dec-18</b>	<b>Sun</b>	<b>CGA</b>	<b>The Hat Race</b>	<b>8</b>	<b>8:00</b>	<b>Pirates Club Greenside</b>	<b>Pirates</b>	<b>Hennie Booysen</b>	<b><a href="#">828 010 924</a></b>
16-Dec-18	Sun	KZN	The Big Hill Run	21\10	6:00	Sugar Rush Park Ballito	Dolphin C	Zeldi Mann	<a href="#">714 220 953</a>
16-Dec-18	Sun	LIM	Heroes Marathon	42		Mthatha	ASA		
16-Dec-18	Sun	TK	Heroes Marathon	42		Mthatha	TBC	Danny Blumberg	<a href="#">823 371 789</a>
16-Dec-18	Sun	WP	Reconciliation Day 10	10\4.2	7:00	NY 49stad Gugulethu	Gugs	Themba Shoko	<a href="#">824 764 656</a>
18-Dec-18	Tue	SWD	Nite Race		18:00	Corr Service Mossel Bay	Mossel Bay	Paulus Allart	<a href="#">734 125 440</a>
19-Dec-18	Wed	WP	Sundowner 10km	10	18:15	V & A Waterfront Cape Town	Kraaifont	William Swartbooi	<a href="#">842 477 170</a>
22-Dec-18	Sat	Bol	Whalers RR	10	7:00	Onrus Strand	Whalers AC	Carina vd Merwe	<a href="#">828 238 632</a>
22-Dec-18	Sat	SWD	Great Brak - Fremersheim	15\4	7:00	Fremersheim Sports G brak	Hatenbos	P v Schalkwyk	<a href="#">827 715 562</a>
26-Dec-18	Wed	Mpu	Siyabuswa Boxing Day Run	21\10\5	6:00	Siyabuswa Community Hall	Siyabuswa	Themba Sindane	<a href="#">835 940 284</a>
26-Dec-18	Wed	WP	Tokai Manor House 16	16	6:30	Chrysalis Academy Tokai	Southern S	Paul Murphy	<a href="#">828 781 987</a>

27-Dec-18	Thu	SWD	Elroy Gelant Develop.		18:00	Mission St Pacaltsdorp	Rainbow AC	Sidwell Okober	<a href="#">783 958 489</a>
28-Dec-18	Fri	KZN	Bongumusa Mthembu 42	60	6:00	Impendle Police Station	Nxamalala	Rethabile Molefe	<a href="#">795 692 798</a>
29-Dec-18	Sat	Bol	Dangerpoint RR	21	7:00	Hoofstraat Gansbaai	Whalers AC	Boats v Staden	<a href="#">727 893 627</a>
<b>30-Dec-18</b>	<b>Sun</b>	<b>CGA</b>	<b>Joseph Mabodla Challenge</b>	<b>10\5</b>	<b>17:00</b>	<b>Greenhillsstad</b>	<b>Colossis</b>	<b>Joseph Mabodla</b>	<a href="#">813 433 787</a>
31-Dec-18	Mon	AGN	Old Year's Race Run/Walk	10\5	17:00	Rietondale Park	Arcadia RC	James Matshekga	<a href="#">825 661 595</a>
31-Dec-18	Mon	AVT	Nedbank Oujaar's Party	10\5	18:00	Kollegepark Primary Vdbp	Nedb Vdb	Dawid Jordaan	<a href="#">823 641 954</a>
31-Dec-18	Mon	SWD	Oujaarsdraffie	10\4	7:00	Sandriver Rd- Hartenbos	Hartenbos	Ernest Viviers	<a href="#">795 210 713</a>
31-Dec-18	Mon	WP	Runner's memorial	8	18:30	Mouille Point Lighthouse	Edgemead	Stephan Roux	<a href="#">824 330 230</a>